Are you over the age of 60?
If so, you may qualify for a **FREE desktop computer**!

**Who is Eligible?**
As of August 2023, if you are 60 or older and reside in the City of Topeka city limits or Shawnee County limits (Auburn, Dover, Rossville, Silver Lake, Tecumseh, and Wakarusa) and receive SNAP, Medicaid, SSI, Federal Public Housing Assistance, Veterans Pension Benefit Program or have a household income that is less than 200% of federal poverty guidelines (see table to the right) per year, contact us to see if you qualify for a FREE desktop computer.

**Qualifying Income-Based Assistance Programs**
Documents must be dated within the last year and/or show current coverage at the date of submission.
- Adult and Child Mental Health Case Management
- Employment Services (Only if income-based in your state)
- Extended Foster Care
- Food Support (A dated letter showing current eligibility is required)
- Financial Assistance, such as GA, TANF, etc. (A Dated letter showing current eligibility is required)
- Head Start (LIHEAP)
- Medicaid or Medical Assistance (Bring a document that says “MA” or “Medical Assistance” on it)
- The National School Lunch Program’s Free or Reduced Lunch Program
- Section 8, Federal Public Housing Assistance, or Group Residential Housing (GRH)
- Social Security Disability (SSD)
- Supplemental Security Income (SSI)
- Federal Pell Grant

**Qualifying Income Documentation**
For households that qualify under the Net Income Test (200% Federal Poverty Level FPL) the following documentation will be acceptable as part of the application process. Annual benefits must meet the FPL guidelines (see table to the right):
- The prior year’s state, federal or tribal tax return (W-2’s forms, or pay stubs are not acceptable)
- A Social Security statement of benefits
- A Veterans Administration statement of benefits (VA cards alone are not accepted)
- A retirement/pension statement of benefits
- An Unemployment/Workman’s Compensation statement of benefits
- Federal or tribal notice letter of participation in General Assistance

**Eligibility**
TSC – Get Digital (City of Topeka) requires photo identification and income documentation for program qualification. Acceptable documents for income documentation fall into 2 categories: 1) proof of current enrollment in an income-based government assistance program OR 2) documentation from a government source of current income under 200% of the federal poverty level (relative to household size). Please note we do not check citizenship or immigration status.

**Acceptable Forms of Photo Identification**
- Driver’s License or state ID card for non-drivers
- Passport
- Formal ID card (such as Veterans or student)
- Company or work-issued identification

**Household Income Guidelines**

<table>
<thead>
<tr>
<th>Income Level</th>
<th>Maximum Income</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 – $34,740</td>
<td>2 – $39,440</td>
</tr>
<tr>
<td>3 – $49,720</td>
<td>4 – $60,000</td>
</tr>
<tr>
<td>5 – $70,280</td>
<td>6 – $80,560</td>
</tr>
<tr>
<td>7 – $90,840</td>
<td>8 – $101,120</td>
</tr>
</tbody>
</table>

**The Following Documents WILL NOT Be Accepted**
- Hand-written documents
- Tax returns where the applicant is claimed as a dependent
- Medicare
- W-2 forms or pay stubs
- Bank statements with deposit records
- EBT app screenshots
- Notices to reapply for a benefit

*Any proof of eligibility is subject to approval by the City of Topeka. Additional documents may be required to unquestionably prove income or enrollment in a government assistance program.*

**Qualified applicants ONLY please call 785-368-3098.**

Please note that we will not accept phone calls from non-applicants. Individuals receiving equipment must be present to apply.
AFFORDABLE CONNECTIVITY PROGRAM

WHAT IS IT?
The Affordable Connectivity Program is an FCC program that helps connect families and households struggling to afford internet service.

The benefit provides:
- Up to $30/month discount for internet service;
- Up to $75/month discount for households on qualifying Tribal lands; and
- A one-time discount of up to $100 for a laptop, desktop computer, or tablet purchased through a participating provider.

WHO IS ELIGIBLE?
A household is eligible for the Affordable Connectivity Program if the household income is at or below 200% of the Federal Poverty Guidelines, or if a member of the household meets at least one of the criteria below:

- Participates in any of the following assistance programs: SNAP, Medicaid, Federal Public Housing Assistance, Veterans Pension or Survivor Benefits, SSI, WIC, or Lifeline;
- Participates in any of the following Tribal specific programs: Bureau of Indian Affairs General Assistance, Tribal TANF, Food Distribution Program on Indian Reservations, or Tribal Head Start (income based);
- Participates in the Free and Reduced-Price School Lunch Program or the School Breakfast Program, including through the USDA Community Eligibility Provision;
- Received a Federal Pell Grant during the current award year; or
- Meets the eligibility criteria for a participating broadband provider's existing low-income internet program.

TWO STEPS TO ENROLL

1
Go to AffordableConnectivity.gov to submit an application or print a mail-in application.

2
Contact your preferred participating provider to select an eligible plan and have the discount applied to your bill.

Some providers may have an alternative application that they will ask you to complete.

Eligible households must both apply for the program and contact a participating provider to select a service plan.

LEARN MORE

Call 877-384-2575, or
Visit fcc.gov/acp
Programa de Descuentos para Internet (ACP)

¿QUÉ ES?
El Programa de Descuentos para Internet (ACP) es un programa de la FCC que ayuda a mantener la conexión de las familias y hogares con dificultades para pagar por servicios de internet, en tierras Tribales.

Este subsidio proporciona:
- Máximo $75 de descuento al mes para hogares elegibles en tierras Tribales.
- Máximo $30 de descuento al mes para hogares elegibles que no están en tierras Tribales elegibles.
- Un descuento único de hasta $100 por una computadora portátil, una computadora de escritorio o una tableta electrónica, comprada a través de un proveedor participante, si el hogar elegible contribuye con mínimo $10 y hasta $50 de la compra.

¿QUIÉN ES ELEGIBLE?
Un hogar es elegible si uno de sus miembros participa en alguno de los siguientes programas dirigidos específicamente a tierras Tribales: Asistencia de la oficina de asuntos indígenas (Bureau of Indian Affairs General Assistance); Tribal TANF o Programa de distribución de alimentos en reservas indígenas (Food Distribution Program on Indian Reservations).

TAMBIÉN SON ELEGIBLES
Los hogares en tierras Tribales también son elegibles para este subsidio si uno de los miembros del hogar tiene un ingreso igual o inferior al 200% de las pautas federales de pobreza (Federal Poverty Guidelines) o cumple con alguno de los siguientes criterios de elegibilidad:
- Participa en ciertos programas de asistencia, como SNAP; Medicaid; Federal Public Housing Assistance (asistencia para la vivienda); SSI; WIC o Lifeline.
- Está aprobado para recibir asistencia de los programas de almuerzos o desayunos gratuitos o a precio reducido (Free and Reduced-Price School Lunch Program o School Breakfast Program), incluso mediante la disposición USDA Community Eligibility Provision.
- Recibió una beca Federal Pell Grant durante el año actual de premiación.
- Cumple con los criterios de elegibilidad de un programa ya existente, para usuarios de bajos ingresos, ofrecido por algún proveedor de banda ancha participante.

INSCRIPCIÓN EN DOS PASOS

1
Visite AffordableConnectivity.gov para enviar una solicitud o para imprimir una solicitud y enviarla por correo.

2
Contáctese con su proveedor participante preferido para seleccionar un plan elegible y pedirle que el descuento se aplique a su cuenta.

Algunos proveedores podrían usar formularios de solicitud alternativos que le pedirán llenar.

Los hogares elegibles deben hacer dos cosas: presentar su solicitud al programa y contactarse con un proveedor participante para elegir un plan de servicios.

AVERIGÚE MÁS
Llame al 877-384-2575, o Visite fcc.gov/acp
GET CONNECTED to FREE HOME INTERNET

The Affordable Connectivity Program (ACP) is a federal government program that offers eligible households $30/month toward home internet services.

4 Steps To Get Connected

1. VISIT GetACP.org
   Get a checklist to simplify the application process

2. APPLY
   Use your personalized checklist to apply for ACP

3. CONFIRM
   Receive confirmation that you qualify

4. ENROLL
   Select Internet Service Provider and enroll in service plan

Visit GetACP.org to see if you qualify, what you'll need to apply and how to connect to plans that are free with ACP.
Beginning Computer Classes

Beginning Computer Navigation
In this 1-hour class you’ll learn how to use a mouse, navigate a Windows 10 desktop, find and open apps and files. Location: Learning Center

- Tuesday, October 3, 10-11am
- Tuesday, October 31, 10-11am
- Tuesday, November 28, 10-11am
- Tuesday, December 19, 10-11am

Internet Introduction
In this 1-hour class you’ll learn about browsers, search engines and how to navigate websites to find information online. Location: Learning Center

- Thursday, October 5, 10-11am
- Thursday, November 2, 10-11am
- Thursday, November 30, 10-11am
- Thursday, December 21, 10-11am

Email for Beginners
Using Google’s free email (Gmail), learn how to log into an email account, open, delete, reply to and forward email messages. Location: Learning Center

- Tuesday, October 10, 10-11am
- Tuesday, November 7, 10-11am
- Tuesday, December 5, 10-11am

Call to register: 785-580-4664

Beyond the Basics

Zoom for Beginners
Learn how to find and use Zoom tools and features to attend and start online meetings. Location: Learning Center.

- Thursday, October 12, 10-11am

Meg Porteous
Core Technologies Librarian
1515 SW 10th Avenue | Topeka, KS 66604
785-580-4664 | tscpl.org

more classes...
Online Safety Tips
Learn how to navigate online safely. We will talk about basic internet safety, passwords, and common online and email scams. Location: Learning Center.
   Wednesday  October 18  12:30-1:30pm

Word Basics
Get started with the basics of Microsoft Word. Learn to use fonts, spell check and some basic editing techniques to help you navigate, create and edit documents.
Location: Learning Center
   Thursday  October 19  10-11am

Power Point Basics
Beginners create a dynamic presentation from start to finish. Learn to insert slides, add text, graphics, transitions and animations. Location: Learning Center
   Thursday  November 9  10-11am

Excel: Intro to Spreadsheets
Learn about cells, columns, rows, AutoSum, simple formulas and page setup features.
Location: Learning Center
   Tuesday  November 14  10-11am

Excel: Lists
Familiarity with basic Excel is required for this class. Learn to create field names, sort lists and link worksheets. Location: Learning Center
   Tuesday  November 16  10-11am

Ebooks with Libby
Learn about this free library app to access thousands of free eBooks on your computer or smart device. Bring your library card and tablet or smart phone.
Location: Learning Center
   Thursday  December 7  10-11am

Cutting the Cable Cord
Learn about some of the alternatives to traditional cable or satellite TV, and the benefits and drawbacks of streaming TV and HDTV antennas. Location: Learning Center
   Tuesday  December 12  10-11am

Google Docs
Learn how to access Google Docs, use basic text editing features, import and save to Google Drive. Location: Learning Center
   Thursday  December 14  10-11am

Call to register: 785-580-4664
ACCESSIBILITY PROGRAM

The Accessibility Program provides modifications to residential homes for individuals with physical disabilities who are either homeowners or renters. The assistance is provided to gain:
- One access to the home
- Exterior ramp
- Bathroom modifications (homeowner only)
- Access to one bathroom and/or bedroom

To be eligible for this program the applicant must:
- Fill out an application
- Provide documentation of disability
- Own and/or occupy the property
- Provide proof of income

2021 INCOME LIMITS BY HOUSEHOLD SIZE:

- 1 PERSON - $46,350
- 2 PERSONS - $52,950
- 3 PERSONS - $59,550
- 4 PERSONS - $66,150
- 5 PERSONS - $71,450
- 6 PERSONS - $76,750

The assistance is provided as a one-time grant and not repaid. Individuals with verified physical disabilities whose primary residence is within the city limits of Topeka, KS and the residence may be either homeowner-occupied or renter-occupied. Bathroom modifications only to homeowners.

EMERGENCY REPAIR PROGRAM

The Emergency Repair Program is intended to help homeowners make repairs to immediate health or safety problems such as the following:
- Furnace replacement
- Sewer line collapse
- Water heater replacement
- Significant water line, waste line, or gas line leakage
- Medically required and documented mechanical systems
- Roof replacement (not repair)

To be eligible for this program the applicant must:
- Fill out an application
- Own and occupy the property for 1 year in City
- Provide proof of income less than 60% median income
- Provide government photo identification

60% INCOME LIMITS BY HOUSEHOLD SIZE:

- 1 PERSON - $34,740
- 2 PERSONS - $39,720
- 3 PERSONS - $44,700
- 4 PERSONS - $49,620
- 5 PERSONS - $53,640
- 6 PERSONS - $57,600

The Deferred Loan Program requires no monthly payments or interest on the loan. The loan does not have to be paid back unless the home is sold or transfer of ownership occurs within 5 years. After 5 years 100% of the loan will be forgiven.

WEATHERIZATION PROGRAM

The Weatherization Program is intended to help eligible homeowners make upgrades to their homes such as the following:
- 90% or higher Furnace Replacement
- Roof Replacement
- Insulation in the attic and walls
- Close crawl spaces
- Exterior door and broken windows
- Sealant and caulking to seal leakage

To be eligible for this program the applicant must:
- Fill out an Application
- Own and Occupy the property within the City limits
- Primary resident for a year
- Provide proof of income less than 60% median income

60% INCOME LIMITS BY HOUSEHOLD SIZE:

- 1 PERSON - $34,740
- 2 PERSONS - $39,720
- 3 PERSONS - $44,700
- 4 PERSONS - $49,620
- 5 PERSONS - $53,640
- 6 PERSONS - $57,600

The Weatherization Program will provide a grant to homeowners, an opportunity to obtain assistance with insulation, HVAC systems, sealing. The minimum assistance provided per qualifying activity shall be $1,500.00 and maximum lifetime assistance per house and per homeowner is $10,000 dollars. Weatherization improves energy efficiency and lowers utility bills.

FOR MORE INFO ON ANY OF THE ABOVE PROGRAMS, PLEASE CALL 785-368-3711
The Accessibility Program provides modifications to residential homes for individuals with physical disabilities who are either homeowners or renters. The assistance is provided to gain:

- One access to the home
- Exterior Ramp
- Modifications to the bathroom
- Access to one bathroom and/or bedroom

To be eligible for this program the applicant must:

- Fill out an application
- Provide documentation of disability
- Own and/or occupy the property
- Provide proof of income
- Inspection

**2021- Income limits by household size**

<table>
<thead>
<tr>
<th>Household Size</th>
<th>Income Limit</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>$43,150</td>
</tr>
<tr>
<td>2</td>
<td>$49,300</td>
</tr>
<tr>
<td>3</td>
<td>$55,450</td>
</tr>
<tr>
<td>4</td>
<td>$61,600</td>
</tr>
<tr>
<td>5</td>
<td>$66,550</td>
</tr>
<tr>
<td>6</td>
<td>$71,500</td>
</tr>
</tbody>
</table>

The assistance is provided as a one-time grant and not repaid. Individuals with verified physical disabilities whose primary residence is within the city limits of Topeka, Kansas and the residence may be either homeowner-occupied or renter-occupied. Bathroom modifications only to homeowners.

Please contact 368-3711 if you have any questions regarding the Accessibility Program.
Improve the City of Topeka and your neighborhood while you're on the go by reporting issues here. From potholes and property maintenance problems to downed tree limbs and missing street signs, it's as simple as See, Click, Fix - Topeka.
PROPERTY MAINTENANCE REHABILITATION PROGRAM

Homeowners can receive up to $20,000 to rehab their homes if they have a property maintenance violation. This is a free program available to homeowners.

Applications will be approved on a first come, first served basis. To qualify you must:

- Provide ID for all household members
- Provide proof of income for the past 60 days for all household members
- All people on the deed of the property must reside in the home and have owned the house for at least one year
- All work being completed must be on the actual home itself and no other buildings around the property
- Household must be 50% of the AMI or below to qualify. See income guidelines below.

Qualifying AMI for all household sizes is $42,033.50

Call 785-368-3711 for an application.
PROGRAMA PARA LA RESTAURACIÓN Y EL MANTENIMIENTO DE LA PROPIEDAD

Los propietarios pueden recibir hasta $20,000 para restaurar sus viviendas si han violado alguna regla de mantenimiento a la propiedad. Este es un programa gratuito que está disponible para los propietarios de viviendas.

Las solicitudes serán autorizadas de acuerdo con el orden en que fueron entregadas:

• Proporcionar identificaciones de todos los miembros que viven en la vivienda.
• Proporcionar comprobante de ingresos de los últimos 60 días de todos los miembros que viven en la vivienda.
• Todas las personas que aparecen en el título de la propiedad deben vivir en la vivienda y ser propietarios al menos por un año.
• El trabajo a ser completado debe hacerse en la vivienda y no en otros edificios alrededor de la propiedad.
• El hogar debe encontrarse en el 50% o menor del ingreso promedio para el área para calificar. Ver los lineamientos de ingresos a continuación.

Ingreso promedio para calificar para una vivienda de 1-4 miembros es de $38,850
Ingreso promedio para calificar para una vivienda de 5-8 miembros es de $51,300

Llame al 785-368-3711 para una aplicación.
# CITY OF TOPEKA

The City of Topeka’s Housing Services Division administers several housing rehabilitation programs for both single-family homes and multi-family (rental) homes for the benefit of low-income families. Our wide array of programs can help sustain and revitalize homes to provide decent and safe housing.

## HOUSING PROGRAMS AVAILABLE:

- **Property Maintenance Repair:** The Property Maintenance Repair Program assists with repairs for low-income homeowners who need repairs to bring their homes up to code and make the home safe, livable, and healthy. All eligible households must have an active property maintenance violation and be on the deed of the property.

- **Emergency Home Repair:** The Emergency Home Repair Program assists with repairs for low-income homeowners who need repairs to bring their homes up to code and make the home safe, livable, and healthy.

- **Accessibility Program (Barrier Removal):** If you have difficulty entering, leaving, or moving about your home due to a disability, our accessibility program can modify those areas of your home to make them easier to use. Eligible homeowners and renters can receive a one-time grant to assist with some home improvements.

- **Weatherization:** The Weatherization Program is intended to help eligible homeowners make upgrades to their homes.

[Learn more about the City of Topeka's Housing programs](#) or call 785-368-3711.

## EQUITY.ACCESS.SHELTER. (E.A.S.)

If you are homeless or at-risk of becoming homeless, you no longer need to contact multiple agencies to receive rent/mortgage assistance. The E.A.S. program can help you quickly with a single point of contact. E.A.S. staff will work with you to assess your level of need and connect you with the right resources for your situation.

[Learn more about E.A.S.](#) or call 785-368-9533.

## COMMUNITY ACTION

**Home/Weatherization program**

1000 SE Hancock Street  
(785) 836-4500

## TOPEKA HABITAT FOR HUMANITY

**HOME REPAIR PROGRAMS AVAILABLE:** Aging in Place, Accessibility Modifications, Rock the Block  
121 NE Gordon Street  
(785) 234-4322

### WEBSITE: [https://bit.ly/TopekaCOCPM](https://bit.ly/TopekaCOCPM) • EMAIL: cocproperty@topeka.org • PHONE: 785-368-9530
RESOURCES LIST (cont.)

24-HOUR CRISIS SERVICES

Abuse and Neglect: SRS
1-800-922-5330

Battered Women's Task Force
1-888-822-2983

Valeo Behavioral Health Care
(785) 234-3300

Topeka Rescue Mission
(785) 354-1744

Topeka Police Crime Victim's Assistance Unit
(785) 368-9064

Topeka Police Department
(785) 368-9551

Shawnee County Sheriff's Office
(785) 251-2200

OTHER RESOURCES

PANT Resources - Will hold pets while owners are in Rescue Mission (785) 270-8104

Blue Earth Initiatives, Inc. - Addiction/recovery services for Native Americans (785) 215-8360

Community Action (Emergency service)
(785) 235-9296

Topeka Independent Living Resource Center - Assistance for persons with disabilities (785) 233-4572

Topeka Housing Authority - Section 8/Public housing (785) 357-8842

Cornerstone of Topeka - Low-cost rental housing (785) 232-1650

Salvation Army - (785) 233-9648

Hoarding Task Force Reporting - 1-800-922-5330

Let's Help - (785) 234-6208

Doorstep Emergency Services - (785) 357-5341

American Red Cross - (785) 234-0568

Jayhawk Area Agency on Aging - (785) 235-1367

ERC Resource and Referral - (785) 357-5171

Community Resources Council - (785) 233-1365

CRC Resource Directory

Housing and Credit Counseling - (785) 234-0217

HCCI Community Resource Guide

Family Resource Center - (785) 354-8902

City of Topeka Property Maintenance Division
785-368-3161
Report issues via SeeClickFix

WEBSITE: https://bit.ly/TopekaCOCPM • EMAIL: cocproperty@topeka.org • PHONE: 785-368-9530
Important Phone Numbers for Residents

Graffiti

- Graffiti Hotline – 785-368-3167 or 785-368-3161
- Property Maintenance Code Unit – 785-368-3161

Trash Haulers (call for large item pickup)

- Shawnee County Refuse Department 785-233-4774
- Waste Management of Kansas 785-233-2811
- Deffenbaugh 785-233-1069

Forestry Department

- Office – 785-368-3758
- Rolling Meadows Recycling and Disposal Facility 785-246-0305

Tire Disposal (call for disposal fees)

- Gregg Tire – 300 SW 6th – 785-233-4156
- Gregg Tire – 1700 Westport Dr – 785-271-0123
- Peerless Tire – 333 Kansas – 785-233-0483
- Peerless Tire – 4214 Huntoon – 785-272-9842
- Rex’s Tire – 2855 Wanamaker – 785-271-1122
- Performance Tire – 1735 N Kansas – 785-354-1410
- Performance Tire – 2834 Jefferson – 785-357-5116

Household Hazardous Waste Disposal

- Shawnee Co. Household Hazardous Waste – 785-233-4774
Contacts

Chief Bryan Wheeles
785-368-9277
chiefoffice@topeka.org

Deputy Chief Jamey Hallom
785-368-9255
jhallom@topeka.org

Major Jana Harden
Bureau Chief
785-368-9505
jharden@topeka.org

Lieutenant Kelvin Johnson
Assistant Executive Bureau Commander
785-368-9528
kmjohnson@topeka.org

Lieutenant Manuel Munoz
Executive Officer
LGBTQ+ Police Liaison
785-368-9401
mmunoz@topeka.org

Lieutenant John Sturgeon
Professional Standards Unit
785-368-9214
jsturgeon@topeka.org

Lieutenant Ruben Salamanca
Director of Training
785-368-2403
rsalamanca@topeka.org

Sergeant Vidal Campos
Hiring/Recruiting
785-368-2419
tpdrecruiting@topeka.org

Field Operations Bureau

Major Russ Klumpp
Bureau Chief
785-368-9427
rklumpp@topeka.org

Captain Jennifer Cross
Assistant Field Operations Bureau Commander
785-368-9024
jcross@topeka.org

Captain Aaron Jones
Assistant Field Operations Bureau Commander
785-368-9534
atjones@topeka.org

Criminal Investigations Bureau

Major Steven Purney
Bureau Chief
spurney@topeka.org

Captain Jerry Monasmith
Assistant Criminal Investigations Bureau
Commander
785-368-9524
jmonasmith@topeka.org

Community Outreach Bureau

Major Mike Cross
Bureau Chief
785-368-9097
mcross@topeka.org

Captain Colleen Stuart
Assistant Community Outreach Bureau
Commander
785-368-9451
cstuart@topeka.org

Police: 785-368-9551
Hiring/Recruiting: 785-368-2419
Records Department: 785-368-9474
Records Fax: 785-368-9221
E.A.S.
EQUITY. ACCESS. SHELTER.

"Enhancing homeless services to ensure all people receive rent/mortgage assistance with a single point of access."

DO YOU NEED HOUSING ASSISTANCE?

You no longer need to contact multiple agencies to receive rent/mortgage assistance. The E.A.S. program can help you access help quickly with a single point of contact.

E.A.S. staff will work with you to assess your level of need and connect you with the right resources for your situation.

HOW CAN I REQUEST HELP THROUGH E.A.S.?

CALL: 785-368-9533
EMAIL: EAS@topeka.org
WALK-INS WELCOME: Cyrus K. Holliday Building, 620 SE Madison Ave, Topeka, KS 66607
“Mejorar los servicios para las personas sin hogar y asegurar que todas las personas reciban asistencia de alquiler/hipoteca con un solo punto de acceso.”

¿Necesita asistencia de vivienda?

Ya no necesita comunicarse con múltiples agencias para recibir asistencia de alquiler/hipoteca. El programa E.A.S. puede asistirle rápidamente con un solo punto de contacto.

El personal de E.A.S. trabajará con usted para evaluar su situación de necesidad y conectarlo con los recursos adecuados.

Cómo puedo solicitar ayuda a través de E.A.S.?

Llame al: 785-368-9533
Correo electrónico: EAS@topeka.org
Puede presentarse en persona en: Cyrus K. Holliday Building, 620 SE Madison Ave., Topeka, KS 66603
MOD On-Demand Service

Microtransit is a curb-to-curb shared ride service. Fare for one-way is $2.00 cash. EXACT fare is REQUIRED.

As of 3-27-23, debit & credit cards are accepted on the mobile app or website only.

The Kids Ride FREE! promotion does not apply to the MOD service. Only fixed route buses. Thank you!

How To Use The Service

Accessing the MOD Topeka app is easy! It is available via the Apple app store for iOS or Google Play for Android for mobile phones or tablets. It can also be accessed at www.modtopeka.app

An additional scheduling option is to call the MOD Customer Service number at (785) 783-7000 to book your ride. Select option #5 for MOD service. Please call Customer Service if you want to use MOD and do not have a cell phone.

Download the MOD Topeka app on your mobile phone or tablet.

Click on the Apple Store or Google Play badges to view app details
RECYCLE Customer Recommendations

- Have recycling in one location at collection point by 7:00 AM.
- Do not put trash or prohibited items in the recycle cart.
- Anything outside the cart will be disposed of as trash.
- No bagged items are accepted.
- Please place the cart facing the street/alley, leaving a minimum of 3' clearance on all sides of the cart.

Non - Recyclable:
- Glass
- Styrofoam
- Shredded paper
- Plastic bags
- Have refuse in one location at collection point by 7:00 AM

- For everyone’s safety, hypodermic needles should be put in hard-pack containers, i.e., bleach bottles, ketchup bottles, etc. before being placed in the trash

- Dirt, rock, and concrete cannot be disposed of with household refuse

- Personal containers must be no more than 32 gallons, have handles, and not weigh more than 65 lbs

- Bagged waste should not exceed 45 lbs

- 15 bags of yard waste is allowed on non-holiday weeks

- For ease of handling, branches, shrubs, boards, and carpet should be cut and tied in bundles no longer than 4 feet, and 18 inches in diameter

- One bulky item is accepted on non-holiday weeks

- Material that is not considered household refuse can be picked up for a fee

- Please place the cart facing the street / alley

- Animal / Pet waste must be bagged

- No liquids

- Bag your trash to keep your container clean
The State of Kansas is an equal opportunity provider.

To locate a County Extension Office nearest you, visit:

- Keep your food safe
- Cook easy meals in a hurry
- Choose healthy food for your family
- Stretch your food dollar

For free classes on how to:
Contact your County Extension Office

1-888-369-4777
Get started today.

The opportunities are out there.

Company that cares about your success.
And support you need to get a job with a program may provide you with the training
If you’re receiving food assistance, the

Need help finding a job?

Generating Opportunities To Attain Lifelong Success

Oh15

PROGRAM
ASSISTANCE
KANSAS FOOD
How Long Can I Have Assistance?

If I am Eligible, How Much Can I Get?

Do I Need to be a U.S. Citizen to Receive Food Assistance?

How Many Resources Can I Have and Still Receive Food Assistance?

DCF to Apply for Food Assistance

Who Is Eligible for the Program?
¿Cómo se compara el programa de comida asistida con otros programas?

El Programa de Asistencia Alimentaria (Antes Seguro Familiar de Salud) proporciona una amplia gama de alimentos nutritivos, similares a plantas de poscosechas, familiares y edibles para un consumo saludable. El Programa de Asistencia Alimentaria (Antes Seguro Familiar de Salud) brinda beneficios a las personas en programas de comida asistida de Harris County.

¿Quién es elegible para el Programa?

El Programa de Asistencia Alimentaria (Antes Seguro Familiar de Salud) brinda beneficios a las personas en programas de comida asistida de Harris County.

¿Cómo se solicita el Programa?

Se puede solicitar el Programa en línea a través de la plataforma web del Programa de Asistencia Alimentaria (Antes Seguro Familiar de Salud). Se puede solicitar en persona en la oficina de Harris County.

¿Qué beneficios ofrece el Programa?

El Programa de Asistencia Alimentaria (Antes Seguro Familiar de Salud) ofrece una variedad de beneficios, incluyendo comida asistida de Harris County, beneficios para el bienestar de la familia y beneficios para el consumo de plantas de poscosechas.

¿Qué es el Programa de Asistencia Alimentaria (Antes Seguro Familiar de Salud)?

El Programa de Asistencia Alimentaria (Antes Seguro Familiar de Salud) es un programa de Harris County que proporciona alimentos nutritivos, similares a plantas de poscosechas, familiares y edibles para un consumo saludable. El Programa brinda beneficios a las personas en programas de comida asistida de Harris County.

¿Cuáles son los beneficios del Programa de Asistencia Alimentaria (Antes Seguro Familiar de Salud)?

El Programa de Asistencia Alimentaria (Antes Seguro Familiar de Salud) ofrece una variedad de beneficios, incluyendo comida asistida de Harris County, beneficios para el bienestar de la familia y beneficios para el consumo de plantas de poscosechas.

¿Cómo se solicita el Programa de Asistencia Alimentaria (Antes Seguro Familiar de Salud)?

Se puede solicitar el Programa en línea a través de la plataforma web del Programa de Asistencia Alimentaria (Antes Seguro Familiar de Salud). Se puede solicitar en persona en la oficina de Harris County.

¿Qué beneficios ofrece el Programa de Asistencia Alimentaria (Antes Seguro Familiar de Salud)?

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Join Over 4 Million Older Adults Who Love GetSetUp

The Kansas Department for Aging and Disability Services has partnered with GetSetUp to provide free virtual classes for older adults taught by peers - ask questions, make new friends, learn new things and have fun.

Try an Online Class Today!
www.getsetup.io/partner/kansas

Live Classes Taught by Older Adults Across Multiple Categories

- Aging in Place
- Communication
- Cooking
- Creativity
- Financial Planning
- Health and Wellness
- Fitness
- Music
- Photography
- Social Hours
- Social Media
- Technology
- Travel
- Business

Terri T.
GetSetUp Ambassador

"I'm leading groups, taking nursing and social work classes to build my curriculum, and using my new Google Slide skills to present. Thank you, GetSetUp, for helping me to get my life back."

www.getsetup.org 1-888-559-1614 help@getsetup.io
Visit KDADS.KS.GOV

1-800-432-3535 (voice) 1-800-766-3777 (Tty)

Information on filing a complaint

Please contact KDADS to receive additional

by either KDADS or a KDADS funded program.

believe you have been discriminated against

national origin, sex, age or disability. If you

discriminate on the basis of race, color,

disability services (KDADS) does not

The Kansas Department for Aging and

E-mail: KDADS@WwwMail@KS.Gov

Fax: 785-296-2256

Phone: 785-296-4986

Topeka KS 66603

503 S. Kansas Avenue

New England Building

and Disability Services

Contact Us

KANSAS AGING

and Disability Services

Department for Aging

What We Do

KANSAS

out in the state to assist older adults

throughout the term services and support

programs. Theese person-

centered programs serve

individuals and families in

a variety of settings. The

KANSAS AGING NETWORK


assists individuals in

navigating the resources

available to them.

and people with

disabilities. These person-

KDADS administrates long-

term services and support

programs.
Kansans 60+ VIRTUAL Nutrition Counseling

In partnership with the Kansas Department for Aging and Disability Services, Hy-Vee Dietitians are conducting nutrition counseling consults for the first 400 Kansans aged 60 years or older who sign up. Package includes:

- 60-minute initial consult
- (2) 30-minute follow up consults
- Also available: On-Demand Nutrition Store Tours, Wellness Wednesday classes, and 1 week of Healthy Habits menu or 3 Freezer Meal Prep Workshops

Your dietitian will work through your health goals and help you make long-term lifestyle changes!

CLICK HERE TO SIGN UP OR SCAN THE QR CODE BELOW!*  

*If you need assistance with sign-up, please dial 515-695-3783 and leave a message. A dietitian will reach out for scheduling.
<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
<th>Location</th>
<th>Time</th>
<th>Details</th>
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<tbody>
<tr>
<td>3rd Thursday of each month</td>
<td>AISD Fellowship and Faith</td>
<td>Austin ISD Fellowship and Faith</td>
<td>4:00 PM to 5:00 PM</td>
<td>Faithful Fellowship and Faith</td>
</tr>
<tr>
<td>2nd &amp; 4th Wednesdays each month</td>
<td>New Life Church</td>
<td>New Life Church</td>
<td>6:00 PM</td>
<td>Faithful Fellowship and Faith</td>
</tr>
<tr>
<td>1st &amp; 3rd Saturdays of each month</td>
<td>Compassion</td>
<td>Compassion</td>
<td>10:00 AM to 1:00 PM</td>
<td>Faithful Fellowship and Faith</td>
</tr>
<tr>
<td>2nd &amp; 4th Tuesdays of each month</td>
<td>True Holiness Family Church</td>
<td>True Holiness Family Church</td>
<td>7:00 PM</td>
<td>Faithful Fellowship and Faith</td>
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<tr>
<td>1st &amp; 3rd Fridays of each month</td>
<td>Fellowship and Faith</td>
<td>Fellowship and Faith</td>
<td>9:00 AM to 11:00 AM</td>
<td>Faithful Fellowship and Faith</td>
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<tr>
<td>4th Monday of each month</td>
<td>Food Pantry</td>
<td>Food Pantry</td>
<td>12:00 PM</td>
<td>Faithful Fellowship and Faith</td>
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<tr>
<td>2nd &amp; 4th Fridays of each month</td>
<td>True Holiness Family Church</td>
<td>True Holiness Family Church</td>
<td>10:00 AM to 12:00 PM</td>
<td>Faithful Fellowship and Faith</td>
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<tr>
<td>1st Sunday of each month</td>
<td>River of Life Family Worship Center</td>
<td>River of Life Family Worship Center</td>
<td>10:00 AM</td>
<td>Faithful Fellowship and Faith</td>
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<td>8:00 AM TO 10:00 AM</td>
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**Notes:**
- Drive-thru pick-up
- Drive-thru pickup
- Drive-through pickup
- Drive thru pick up
Free Legal Assistance for Shawnee County Families

The Topeka Family Legal Project (TFLP), is currently accepting applications from families in need of legal assistance related to housing, education, and benefits.

To be eligible, families must:
1. Include at least 1 minor child and at least 1 parent or guardian, AND
2. Reside in Shawnee County, Kansas.

Application process:
Families can apply directly at khd.link/tflp-app, or can be referred through a partner agency at khd.link/tflp. Once a completed application or referral is received, TFLP staff will follow up with the family within 3 business days.

To learn more about the project, call (785) 284-9835 or email topekafamilylegalproject@gmail.com.
ONE HEART Project
We equip and empower youth!

Youth Focused: OneHeart is committed to helping youth (at-risk and justice involved). In addition to lesson facilitation, we can provide mentoring and case management.

Our program is centered on 9 core values
Commitment, Leadership, Perserverance, Teamwork, Respect, Integrity, Responsibility, Self-Control, and Compassion

For more information contact Brenda Wagemaker Program Coordinator
brenda.wagemaker@oneheart.com (785)969-7312
or visit www.oneheart.com
NAMI HYBRID CONNECTION RECOVERY SUPPORT GROUP

NAMI CONNECTION is a FREE peer led support group for adults living with mental health conditions. It is led by NAMI trained facilitators. The group follows a structured model to insure everyone in the group can be heard and get what they need. This group will help you gain hope and develop relationships, encourages empathy, productive discussion and sense of community.

1st & 3rd Tuesday of each month. This is a hybrid group. Persons can attend in person or via Zoom. You must register to attend online. After registering, you will be sent the Zoom link.

Topeka Public Library
1515 SW 10th ave
2nd Floor
Topeka, KS 66604

Registration link: https://tinyurl.com/57jw24c6

For more information, contact jharvey216@gmail.com or drterrencemoser@gmail.com
Let's Help

WE ARE HERE TO HELP YOU!

Visit Let's Help and let us assist you in your time of need. Together, we can build a stronger, more caring community.

200 S. Kansas Ave
Topeka KS 66603
www.letshelpinc.org
785-234-6208
Our Services

Join Us in Making a Difference!
At Let's Help, we are dedicated to providing vital services to those in need within our community. Our mission is to make life better for everyone, and we offer a range of services to achieve just that.

Adult Education Program
Free G.E.D. Preparation
Monday through Friday
Prepare for a brighter future

Emergency Services
Financial Assistance
Helping you in times of crisis
We care about your well-being

Clothing Bank
Men's, Women's, and Children's Clothing
Blankets and Household Items

Food Boxes
Available Monday through Friday
Individual and Family Sized Food Boxes
A helping hand for your table

Hygiene Bags
Packed with essentials
Body Wash, Shampoo, Conditioner, Lotion, Toothbrushes, and Toothpaste
Family bags also include Dish Soap and Paper Towels

Additional Support
Children's Diapers
Adult Diapers
Baby Formula
Hair Products
Dog/Cat Food
Face Masks
Epsom Salt

Service Times

Food Boxes
Monday-Thursday
9:00am-11:00am & 1:00pm-2:30pm
Friday 9:00am-11:00am ONLY

Clothing Bank
Monday-Wednesday-Friday
9:00am-11:00am

Hot Lunch
Monday-Wednesday-Friday
1:30am-12:30pm
Parenting is the toughest job in the world. Family Service & Guidance Center is here to help with **Ask a Child Therapist**.

FSGC specializes in meeting the mental health needs of children, teens and families. Each month, a dedicated staff member will answer parents’ and caregivers’ questions about a specific mental health topic via short videos on FSGC’s Facebook page. Visit our resource library at [FSGCtopeka.com/resources](http://FSGCtopeka.com/resources) to see past videos on various mental health topics.

<table>
<thead>
<tr>
<th>January</th>
<th>July</th>
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<tr>
<td>Anger Management</td>
<td>Depression in Children and Teens</td>
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<th>February</th>
<th>August</th>
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<tbody>
<tr>
<td>Self-Care for Parents &amp; Caregivers</td>
<td>Discipline Strategies that Work</td>
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<tr>
<th>March</th>
<th>September</th>
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<tbody>
<tr>
<td>Kids and ADHD</td>
<td>Talking to Your Kids About Suicide</td>
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<th>April</th>
<th>October</th>
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<tbody>
<tr>
<td>Anxiety</td>
<td>Youth Substance Use</td>
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<th>May</th>
<th>November</th>
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<tr>
<td>Talking to Kids About Tragic Events</td>
<td>Mental Health Medications: Fact vs. Fiction</td>
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<tr>
<th>June</th>
<th>December</th>
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<tr>
<td>Supporting LGBTQ+ Youth</td>
<td>Kids, Social Media and Gaming</td>
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</table>

If your child is struggling and you can relate to the topic of the month, we want to help!

**E-mail your questions about the topic to marketing@fsgctopeka.com.**

They may be answered in one of the weekly videos on FSGC’s Facebook page!

Questions?
Contact Jim Williamson at jwilliamson@fsgctopeka.com or 785.270.8907.

Follow us on Facebook [facebook.com/FSGCtopeka](http://facebook.com/FSGCtopeka)  
Visit us at [FSGCtopeka.com](http://FSGCtopeka.com)
ABOUT NEWBORN HOME VISITS

A Newborn Home Visit is performed by a registered nurse to help assess the needs of new babies and their mothers. Health assessments are provided for both mother and baby to ensure the best family environment possible. Residents of Shawnee County, mothers of newly delivered babies, and families with a baby in the home up to one year old are eligible for Newborn Home Visits.

Our Vision
Healthy People
Healthy Environment
Healthy Shawnee County

Our Mission
Shawnee County Health Department is committed to working in partnership with our community to promote and protect the optimal health of all people by bridging gaps to eliminate health inequities, respecting the diversity of our community, through adaptive and innovative processes.

OUR SERVICES

- Physical Assessments
- Social Assessments
- Weight Check for Baby
- Nutrition Assessment
- Education
  - Infant Care
  - Infant Growth & Development
  - Well-Child Check-Ups
  - Immunizations
  - Family Planning
  - Postpartum Care
  - Safety
  - Car Seat Use
  - SIDS
  - Community Resources

Referrals to Community Resources

Home Visits are available Monday thru Friday, 8am - 5pm Accommodations may be made for those who need alternate hours.
Maternal Child Health Vision
All children and their families will live in homes where family members are healthy and demonstrate appropriate skills so that children experience a healthy development.

Contact Us or Make a Referral
2600 SW East Circle Drive
Topeka, KS 66606
785.251.5647
fax: 785.251.5695
www.shawneehealth.org

Notice of Non-Discrimination - Shawnee County Health Department does not discriminate on the basis of race, color, national origin, sex, age or handicap.

GET THE SUPPORT YOU NEED WITH A HEALTHY START FOR YOU AND YOUR BABY!

Revision Date: 02/20
Vision de Salud Materno Infantil
Todos los niños y sus familias vivirán en hogares donde los miembros de la familia estén saludables y demuestren habilidades para que los niños experimenten un desarrollo saludable.

CONTACTENOS O HAGA UNA REMISIÓN
2600 SW East Circle Drive
Topeka, KS 66606
785.251.5647
fax: 785.251.5695
www.shawneehealth.org

Aviso de discriminación
El departamento De Salud del Condado De Shawnee no discrimina basado en raza, color, origen nacional, sexo, edad o discapacidad.

REVISION DATE: 02/20
SOBRE VISITAS DOMICILIARIAS DE RECIÉN NACIDO

Una visita en el hogar para un recién nacido se realiza por una enfermera registrada para ayudar a evaluar las necesidades de los nuevos bebes y de sus madres. Se proporcionan evaluaciones tanto para la madre como él bebe para garantizar el mejor ambiente familiar posible. Los residentes del Condado de Shawnee, las madres de recién nacidos, y familias con un bebe en el hogar hasta un año de edad son elegibles para visitas domiciliarias.

Nuestra Visión
Gente Sana
Ambiente Saludable
Condado de Shawnee Saludable

Nuestra Misión
El Departamento de Salud del Condado de Shawnee se compromete a trabajar en asociación con nuestra comunidad para promover y proteger la salud óptima de todas las personas al cerrar brechas para eliminar las inequidades de salud respetando la diversidad de la comunidad, a través de procesos adaptivos e innovadores.

NUESTROS SERVICIOS
- EVALUACIÓN FÍSICA
- EVALUACIÓN SOCIAL
- CONTROL DE PESO
- PARA BEBÉS
- EVALUACIÓN NUTRICIONAL
- EDUCACIÓN
  - CUIDADO INFANTIL
  - CRECIMIENTO Y DESARROLLO INFANTIL
  - CHEQUEOS DE NIÑOS SANO
  - INMUNIZACIONES
  - PLANIFICACIÓN FAMILIAR
  - CUIDADO POSPARTO
  - LA SEGURIDAD
  - USO DE ASIENTO DE CARRO
  - SIDS (SÍNDROME DE MUERTE SUBITA INFANTIL)
  - RECURSOS COMUNITARIOS
  - REFERENCIAS A RECURSOS DE LA COMUNIDAD

VISITAS A DOMICILIO ESTÁN DISPONIBLES DE LUNES A VIERNES, 8:00 AM – 5:00 PM. SE PUEDEN HACER EXCEPCIONES PARA LAS PERSONAS QUE NECESITAN HORARIOS ALTERNOS.
Payment Information

Fees vary based on services. SCHD clinics accept the following insurance plans:

- Aetna
- Blue Cross Blue Shield (NOT including Value Blue)
- Century
- Coventry
- Medicaid/KanCare (including Aetna Better Health, Sunflower State Health Plan, and United Healthcare)
- Medicare
- United Health Care Commercial Insurance
- United Health Care Advantage Plan

SCHD also accepts payment via American Express, Discover, MasterCard, Visa, cash, or check.

Immunizations

SHAWNEE COUNTY HEALTH DEPARTMENT

Contact Us

2115 SW 10th Ave.
Topeka, KS 66604
785-251-5700
www.snco.us/health

Walk-ups welcomed, appointments recommended. Please contact us to schedule your appointment.

Healthy People
Healthy Environment
Healthy Shawnee County

SCHD is an Equal Opportunity Employer.
Revision Date: 11/2021
Why Should Parents Have Their Children Immunized?

Polio...Diphtheria...Pertussis...Tetanus...Measles...Mumps...Rubella...Haemophilus Influenza Type B...and Hepatitis B...

These diseases still exist and are incredibly contagious to those that aren’t immunized. Young children and seniors are especially at risk of catching these viruses that can lead to long-term complications, hospitalization, or in some cases, death.

Due to widespread immunizations, few people catch these diseases nowadays. However, outbreaks can still occur when we don’t do our part by getting ourselves and our loved ones immunized. Remember, the best way to protect your children and the whole community, is to vaccinate your little ones.

What To Know Before Your Visit

WHO TO BRING:
Minors must be accompanied by their parent, legal guardian, or an adult that has the written consent from a parent or legal guardian with them at the time of the appointment.

WHAT TO BRING:
- Always bring your immunization record with you to the clinic.
- Have your insurance information ready for a quick and easy visit
- If bringing a young child, think about packing their favorite toy, book, or blanket to comfort them during their vaccinations.

SERVICES PROVIDED
- Routine vaccinations for infants, children, and adults
- Travel immunizations
- Tuberculosis (TB) skin tests

SCHD is a member of the Kansas Immunization Registry.

More Information
For more information on immunizations (i.e. side effects, vaccination ages, etc.), please visit these websites:
- CDC: www.cdc.gov/vaccines
- Vaccine Information: www.vaccineinformation.org
Información de Pago

Las tarifas varían según los servicios. Las clínicas de SCHD aceptan los siguientes planes de seguro:

- Aetna
- Blue Cross Blue Shield (No incluye Value Blue)
- Century
- Coventry
- Medicaid/KanCare (incluyendo Aetna Better Health, Sunflower State Health Plan y United healthcare)
- Medicare
- Seguro Comercial de United Health Care
- Plan United Health Care Advantage

SCHD también acepta pagos a través de American Express, Discover, MasterCard, Visa, efectivo o cheque.

Inmunizaciones

DEPARTAMENTO DE SALUD DEL CONDADO DE SHAWNEE

Contáctenos

2115 SW 10th Ave.
Topeka, KS 66604
785-251-5700
www.snco.us/hd

Servicios solo con cita previa.

Personas Saludable
Medio Ambiente Saludable
Condado de Shawnee Saludable

SCHD es un empleador de igualdad de oportunidades.
Fecha de revisión: 12/2021
¿Por qué los Padres Deben Vacunar a sus Niños?

Polio...Difteria...Tos Ferina...Tétanos...
Sarampión...Papera...Rubéola...Haemophilus influenza Tipo B... y Hepatitis B

Estas enfermedades todavía existen y son increíblemente contagiosas para aquellos que no están inmunizados. Los niños pequeños y las personas mayores corren un riesgo especial de contraer estos virus que pueden provocar complicaciones a largo plazo, hospitalización o, en algunos casos, la muerte.

Debido a las inmunizaciones generalizadas, pocas personas contraen estas enfermedades hoy en día. Sin embargo, los brotes aún pueden ocurrir cuando no hacemos nuestra parte al inmunizarnos a nosotros mismos y a nuestros seres queridos. Recuerde, la mejor manera de proteger a sus hijos y a toda la comunidad, es vacunar a sus pequeños.

Qué Saber Antes de Su visita

A QUIÉN TRAER:
Los menores deben estar acompañados por sus padres, tutores legales o adulto que tenga el consentimiento por escrito de un padre o tutor legal con ellos en el momento de la cita.

QUÉ LLEVAR:
- Siempre lleve su registro de vacunación con usted a la clínica.
- Tenga la información de su seguro listo para una visita rápida y fácil.
- Si trae a un niño pequeño, piense en empacar su juguete, libro o manta/sabana favorita para consolarlo durante sus vacunas.

SERVICIOS PROPORCIONADOS
- Vacunas de rutina para bebés, niños y adultos
- Vacunas para viaje
- Pruebas cutáneas de Tuberculosis (TB)

Más Información

Para obtener más información sobre las vacunas (es decir, efectos secundarios, edades de vacunación, etc.), por favor visite estos sitios web:
- CDC: [www.cdc.gov/vaccines](http://www.cdc.gov/vaccines)
- Información sobre vacunas: [www.vaccineinformation.org](http://www.vaccineinformation.org)

SCHD es miembro del Registro de Inmunización de Kansas
Do you need more information about your child's development?

Concerns about how your child moves, plays, or talks? tiny-k

We're here to help answer your questions or address your concerns about your child's growth and development at no cost to you or your family.

We're the best resource to learn about the first years of your child's development.

O: 785.506.8621

Audiology

Concerns about your child's hearing?

Greenbush Audiology has teamed up with TARC to provide comprehensive hearing evaluations. Our audiology clinic at the TARC campus provides a wide range of diagnostic test measures for use with infants, toddlers, and adolescents. This includes testing for middle ear abnormalities and fluid, otoacoustic emission screenings, speech and Pure tone audiometric sound booth testing, and Auditory Brainstem Response (ABR) testing used for newborns.

O: 620.724.6281 | F: 620.724.7439

If you're otherwise curious about your child's development...

ASQ

Scan this QR code for a FREE Online Developmental Screening!

TARC will review your child's questionnaire and follow-up with you by phone to discuss the results.

TARC & Greenbush
Partnering for Families
2701 SW RANDOLPH AVE TOPEKA, KS 66611
HELPING HANDS HUMANE SOCIETY:

PET FOOD PANTRY

ADMISSIONS (EAST) ENTRANCE - OFF OF BELLE STREET

5720 SW 21ST ST, TOPEKA KS 66604

WE WANT TO HELP PETS STAY WITH THE FAMILIES THAT LOVE THEM

REQUIREMENTS:
- PROOF OF ID
- SHAWNEE COUNTY RESIDENCY
- WALK-INS ACCEPTED

Mon-Saturday
Noon - 5PM
Sunday 2PM - 4PM

* NOT A CLIENTRAK AFFILIATE
** SUPPLIES LIMITED!
*** FREE WILL DONATION SUGGESTED BUT NOT REQUIRED

WWW.HHHSTOPEKA.ORG

QUESTIONS? CONTACT HHHS ADMISSIONS AT 785-233-7325 EXT 115
Aging in Place Home Repair Program

- Do you need help with home repairs or accessibility modifications?
- Do you own your home?
- Are you over the age of 60?
- Do you live in Shawnee County?

Topeka Habitat may be able to help!

Call 785-234-4322 or email wendy@topekahabitat.org for more information or to receive an application.
Lea Ann is here at East Topeka Senior Center to connect you with services you may need in the community. She has access to a database of agencies and services to help you meet your needs.

Her hours are Tuesdays 9am-noon.
She can be reached at 785-232-6984
PET LOSS SUPPORT

MEETING MONTHLY
FIRST TUESDAY OF EACH MONTH AT 5PM
@ HELPING HANDS HUMANE SOCIETY
5720 SW 21ST ST, TOPEKA KS 66604

A non-judgement zone for those struggling with the loss of a pet to find support. Confidential and understanding no matter the circumstances of the loss. Because pets are family.

Contact Grace for details

785-233-7325 ext 106
grace.clinton@hhhstopeka.org

Facebook group for meeting updates: HHHS Pet Loss Support Group
5720 SW 21st St, Topeka KS 66604