



Board of County Commissioners

William D. Riphahn, 1st District

Kevin J. Cook, 2nd District

Aaron D. Mays, 3rd District

707 SE Quincy Street

Topeka, Kansas 66603

Ph. 785.251.4040

Email: Commission@snco.us

Website: www.snco.us

FOR IMMEDIATE RELEASE

11/03/2022

CONTACT: Amanda Monhollon

Public Information Officer

amanda.monhollon@snco.us

Office: (785) 251.4471

Mobile: (785) 670.0473

MEDIA RELEASE

Operation Green Light

Topeka, Kan. – In advance of the upcoming Veterans Day holiday, Shawnee County Courthouse will be illuminated green from **November 7th through the 13th** as part of *Operation Green Light*, a new national collaborative initiative of the National Association of Counties (NACo) to support military veterans, as well as raise awareness about the unique challenges faced by many veterans and the resources that are available at the county, state, and federal level to assist veterans and their families.

The new national collaborative is spearheaded by the National Association of Counties and the National Association of County Veteran Service Officers, building upon the successful efforts of the New York State Association of Counties and the NYS County Veteran Service Officers' Association in 2021.

"Since the tragedy of September 11, 2001, our nation's voluntary military force members, and their families, have made immense sacrifices for our safety and security over a two-decade period," said Dusty Nichols, Emergency Management Director, and Veteran. "Similar to the sacrifices of previous generations of our armed forces, this service to the country also often results in significant stress to many of the veterans who served in times of war and conflict. We want to make sure our veterans and their families know that their service matters, that we are grateful for their sacrifices, and that it is now our turn to make sure they are served by their county government and our community."



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In addition to lighting the Courthouse, residents and businesses are encouraged to participate by simply changing one light bulb in their house to a green bulb. This can be an exterior light that neighbors and passersby see or an interior light that sparks a conversation with friends.

“Operation Green Light is a simple way to express our collective appreciation for the public service of our veterans,” Angela Lewis, Human Resources Director, and Veteran. “We encourage everyone to join us in displaying a green light for our veterans and to also reflect on how we, at the county level, assist our military service personal back into civilian life upon completion of their service to our country.”

Visit the Operation Greenlight [webpage](#) for more information and links to resources available to veterans.

Follow Us on Facebook, Instagram, Twitter , Nextdoor, and Youtube

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Operation Green Light for Veterans

The Shawnee County Courthouse will be
illuminated green from November 7 - 13 to
show support to military veterans



Greenlight A Vet™

Maria Anderson

From: Rachelle Vega-Retana
Sent: Thursday, November 3, 2022 12:38 PM
Subject: Topeka Metro Offers Free Rides on Election Day

TOPEKA, KAN. (November 3, 2022) – Topeka Metro will offer free rides for Election day, Tuesday, November 8th, 2022, for all fixed route passengers and two rides for the day for paratransit users.

Topeka Metro provides free rides on election day to help people who may not have reliable transportation or any transportation at all, so that they can vote on November 8th.

"Topeka Metro offers this service so that our passengers have a way to fulfil their civic duty without transportation hardship," said Bob Nugent, Topeka Metro General Manager. "We encourage passengers to know where their polling location is and to be sure that they know which bus route to take. For help planning a bus trip, our customer service is available at 785-783-7000."

Polling locations can be found by accessing the Shawnee County Election Office website at www.myvoteinfo.voteks.org/VoterView.

Topeka Metro's system map is on the website at www.topekametro.org/routes-and-detours.

Contact: Keri Renner
Director of Marketing & Communications
Topeka Metro
201 N. Kansas Avenue
Topeka, Kansas 66603
(785) 730-8616
krenner@topekametro.org



Posting information for Logistics and Warehouse Manager position at Harvesters.

Join the fight against food insecurity. Make a difference in your community by applying to the Logistics and Warehouse Manager position! It is full-time. We offer a robust benefits package, including employee paid medical, dental life and disability insurance and a 403b plan. Our paid time off is generous and include paid holidays.

JOB SUMMARY: Lead the Warehouse/Admin team in all aspects of supply chain management while maintaining inventory. Ensure consistent customer service and project completion. Oversee food safety compliance.

PRINCIPLE RESPONSIBILITIES:

1. Lead and participate in all aspects of the receiving, stocking and order fulfillment functions, including but not limited to: donor and product identification, product counts, product handling and product put-a-way; order picking assignments, picking accuracy, picking speed, pallet building, product staging, and data entry.
2. Receive all donated and purchased product in accordance with Harvesters published receiving standards and procedures.
3. Ensure accuracy of all receiving documents. Assist in resolving any discrepancies. Collect all documentation for inbound freight and accurately identify product on receiving documentation.
4. Oversee the selection of product for allocation and distribution; stage product; assist agency personnel with product selection; record and post transaction in Warehouse Management System.
5. Maintain standards supported by OSHA.
6. Adhere to food safety and building standards using AIB as the criteria to measure.
7. Preserve excellent customer service with both internal (employees) and external (volunteers, agency personnel, visitors, etc.) customers.
8. Complete monthly and annual performance reviews and training plans of actions as needed.
9. Assist with any performance issues, training, and corrective action needs. Coordinate related functions with Management staff (Warehouse, Admin) in the Topeka facility.
10. Participate with appropriate Harvesters staff in strategies that involve logistics, inventory management, and coordination of product distribution to agencies.
11. Maintain Harvesters' facilities, equipment and grounds by monitoring compliance with daily, monthly, and annual sanitation and pest control checklists.
12. Supervise volunteers assigned to assist with building and grounds sanitation.
13. Inspect facility to identify sanitation needs; maintain ongoing needs lists and sanitation logs.

14. Maintain inventory of cleaning and other janitorial supplies.

15. Follow and maintain SDS, AIB, Feeding America, and Harvester's sanitation procedures.

16. Maintain comprehensive understanding of AGI inventory control systems and Navision software, in order to effectively support other operational departments and research and resolve inventory discrepancies and problems.

- Effectively communicate and interact with operational departments in order to insure a comprehensive understanding of all aspects of inventory movement (receiving, distribution, internal transfers, etc.)

- Partner with Operational departments to develop, document, and implement effective inventory policies, processes, procedures, reporting and monitor their effectiveness.

- Research inventory discrepancies, identify causes, and partner with Operational departments to effectively resolve problems.

17. Develop and implement a process for effective cycle counts and regularly scheduled physical counts.

18. Perform monthly physical inventory

19. Manages product waste in order to minimize unusable product in order to meet organizational goals.

20. Maintain FIFO procedures to prevent needless product waste.

21. Operate material handling equipment in a safe and secure manner. Assist with material handling equipment preventive maintenance.

22. Maintain proper inventory storage practices to insure product safety, product quality and to increase distribution of quality perishable product.

23. Monitor and review with Warehouse staff, cooler inventory accuracy; inventory stocking levels and sanitation standards.

24. Other duties as assigned including stepping in to help when other managers are absent or away.

OTHER ASPECTS OF THE JOB:

1. Able to effectively communicate and interact with co-workers, managers and customers/clients.

2. Demonstrate a commitment to the mission and values of Harvesters.

3. This position functions in a warehouse environment and requires travel within the warehouse areas. It requires the use of general office equipment such as telephone, computers, adding machines, calculators, fax and copiers and extensive walking across the warehouse and back and forth to the office. It occasionally requires lifting over 50 pounds and lifting of 20 to 50 pounds approximately 5% of the time. Incumbent will spend 70% of the time in a warehouse environment,

15% of the time stationary, working at a computer terminal, 10% of your time in a truck transporting product and 5% of the time talking on the telephone.

QUALIFICATIONS:

Required:

- 3-5 years in a warehouse, preferably in a food industry setting, including 2 years of supervisory experience.
- Must have a working knowledge of MS Office applications and have excellent verbal and written communication skills.
- Knowledge of DOT regulations as it pertains to a commercial vehicles and drivers.
- Bachelor degree in general business or a related field

Preferred:

- Hold a Class A or B CDL
- Certified forklift operator and stand on EPJ
- Experience working with Volunteers

*******Must comply with Harvesters covid vaccination policy which requires all employees to be fully vaccinated unless a religious or medical accommodation is requested. If unvaccinated, candidate must begin the process when offer is made as a condition of employment.**

Please contact Portia Sowers with questions – 816-929-3094

Apply at <https://www.harvesters.org/about-harvesters/careers>



DOING THE
MOST GOOD

NEWS RELEASE

THE SALVATION ARMY CHRISTMAS BASKETS APPLICATIONS BEING TAKEN

For Immediate Release

November 2, 2022

WHAT: The Salvation Army – The Toy Shop

WHEN: Immediately

Where: Topeka Salvation Army, 1320 SE 6th

Why: This Christmas, 424 families in Topeka will have a chance to enjoy a Christmas meal along with items for the family. Through a generous grant from CVS/Aetna to The Salvation Army fewer families will be struggling this year to put a Christmas meal on the table. This grant will allow those in the community a food basket of either a turkey/ham and all the fixings along with toys and items for the youth in the family.

Applications are available at Topeka Salvation Army, 1320 SE 6th Street, and can be filled out starting, Monday, November 7th through Wednesday, November 23rd, from 9a - 11a and 1p – 3p at our location, 1320 SE 6th.

IDs are required for everyone in the household.

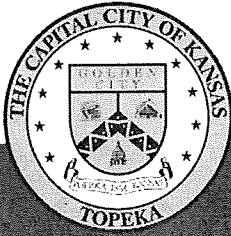
"Christmas is ultimately about family, and with this generous donation, we will be able to make the holiday brighter for 424 families in our community. We cannot begin to thank our generous corporate sponsors enough." Captain Cristian Lopez said.

Interviews: Captain Cristian Lopez, Corps Officer, 785.233.9648 or
Shelley Robertson, development director, 785.408.9100

ABOUT THE SALVATION ARMY

The Salvation Army is a religious and charitable organization that has been meeting human needs since 1865. The Salvation Army's mission is to preach the gospel of Jesus Christ and to meet human needs in His name without discrimination. The Salvation Army provides many program and services for the needy including social services, alcohol and drug rehabilitation, transitional housing, violence prevention classes and recreational activities.

In Shawnee County, The Salvation Army has been assisting families and individuals since 1886. Our social service program includes community evening meal, food pantry, rent/utility assistance, clothing, disaster relief, and supportive services for men and women available through our Veteran's Services. Worship services are every Sunday morning as well as weekly bible study, character building programs for children, weekly women's ministry and monthly men's ministry groups.



CITY OF TOPEKA

City Communications
City Hall, 215 SE 7th Street
Topeka, KS 66603

Tel: 785-368-0991
www.topeka.org

For Immediate Release

Contact for further information: Gretchen Spiker, Director of Communications, gspiker@topeka.org

November 1, 2022

New program aims to simplify housing assistance in Topeka with single point of contact

TOPEKA, Kan. – The City of Topeka and community partners on Tuesday launched a new program that aims to create a more collaborative community approach to ensuring equity and access to housing and shelter in Topeka.

The program, known as Equity Access Shelter (E.A.S.), will enhance homeless services to ensure all people receive rent assistance with a single point of access. E.A.S. is located within the City's Housing Services Division.

"No longer does a person needing rent assistance have to call multiple agencies to try to get help. One phone number means individuals are able to access help quickly, and without further trauma," said Carrie Higgins, Senior Program Administrator for the City of Topeka. "E.A.S. uses an assessment to score each individual's level of need, as well as coordinated entry to assist those individuals based on prioritization."

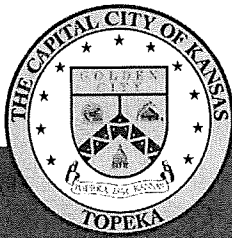
E.A.S. partners include Catholic Charities, Community Action, Community Resources Council, Doorstep, Let's Help, Salvation Army, Topeka Housing Authority, Topeka Rescue Mission, and Valeo.

The program was initiated by Topeka City Councilwoman Christina Valdivia-Alcala, and inspired by the housing first model and the national Built for Zero movement.

"The E.A.S. program is needed in Topeka now. Staff has been working hard on the initiative for a year. Topekans are ready to learn more so they can have faith the city is doing all possible to address the chronic unsheltered and over all homeless crisis we are experiencing. Equity. Access. Shelter., is based on a model similar to Built for Zero, and it's crucial all organizations that partner with the city understand real and lasting reduction in homelessness is possible working together with the single point of entry and the vital importance of consistent data, tracking and sharing information to help make this program a success," said Councilwoman Valdivia-Alcala.

E.A.S. has a dedicated staff member with years of social work experience in Topeka. The goal is for the program to expand in the future to include clothing, food, and other services.

To contact E.A.S. to request rental assistance, please call 785-368-9533, or email EAS@topeka.org. Walk-ins are also welcome at the City's Holliday Building, which is located at 620 SE Madison Ave.



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Tel: 785-368-0991
www.topeka.org

For Immediate Release

Contact for further information: Gretchen Spiker, Directora de Comunicaciones, gspiker@topeka.org

November 1, 2022

Nuevo programa tiene como objetivo simplificar la asistencia de vivienda en Topeka con Único punto de contacto

TOPEKA, Kan. – La ciudad de Topeka y los socios comunitarios lanzaron el martes un nuevo programa que tiene como objetivo crear un enfoque comunitario más colaborativo para garantizar la equidad y el acceso a la vivienda y el refugio en Topeka.

El programa, conocido como Equity Access Shelter (EAS), mejorará los servicios para personas sin hogar para garantizar que todas las personas reciban asistencia para el alquiler con un único punto de acceso. EAS está ubicado dentro de la División de Servicios de Vivienda de la Ciudad.

"Una persona que necesita asistencia para el alquiler ya no tiene que llamar a varias agencias para tratar de obtener ayuda. Un número de teléfono significa que las personas pueden acceder a la ayuda rápidamente y sin más traumas", dijo Carrie Higgins, administradora sénior del programa de la ciudad de Topeka. "EAS utiliza una evaluación para calificar el nivel de necesidad de cada individuo, así como la entrada coordinada para ayudar a esos individuos en función de la priorización".

Los socios de EAS incluyen Catholic Charities, Community Action, Doorstep, Let's Help, Salvation Army, Topeka Housing Authority, Topeka Rescue Mission y Valeo.

El programa fue iniciado por la concejala de la ciudad de Topeka, Christina Valdivia-Alcala, e inspirado por el primer modelo de vivienda y el movimiento nacional Construido para Cero.

"El programa EAS es necesario en Topeka ahora. El personal ha estado trabajando arduamente en la iniciativa durante un año. Los habitantes de Topeka están listos para obtener más información para que puedan tener fe en que la ciudad está haciendo todo lo posible para abordar la crisis crónica de personas sin hogar y, sobre todo, sin hogar que estamos experimentando. Equidad. Acceso. refugio, se basa en un modelo similar a Built for Zero, y es crucial que todas las organizaciones que se asocian con la ciudad entiendan que es posible una reducción real y duradera de la falta de vivienda trabajando en conjunto con el punto único de entrada y la importancia vital de datos consistentes, seguimiento y compartir información para ayudar a que este programa sea un éxito", dijo la concejal Valdivia-Alcala.

EAS tiene un miembro del personal dedicado con años de experiencia en trabajo sociales en Topeka. El objetivo es que el programa se amplíe en el futuro para incluir ropa, alimentos y otros servicios.



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City Hall, 215 SE 7th Street
Topeka, KS 66603

Tel: 785-368-0991
www.topeka.org

Para comunicarse con EAS y solicitar asistencia con el alquiler, llame al 785-368-9533 o envíe un correo electrónico eas@topeka.org. Los visitantes sin cita previa también son bienvenidos en el edificio Holliday de la ciudad, que está ubicado en 620 SE Madison Ave.



"Enhancing homeless services to ensure all people receive rent/mortgage assistance with a single point of access."

DO YOU NEED HOUSING ASSISTANCE?

You no longer need to contact multiple agencies to receive rent/mortgage assistance. The E.A.S. program can help you access help quickly with a single point of contact.

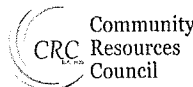
E.A.S. staff will work with you to assess your level of need and connect you with the right resources for your situation.

HOW CAN I REQUEST HELP THROUGH E.A.S.?

CALL: 785-368-9533

EMAIL: EAS@topeka.org

WALK-INS WELCOME: Cyrus K. Holliday Building, 620 SE Madison Ave, Topeka, KS 66607





"Mejorar los servicios para personas sin hogar para garantizar que todas las personas reciban asistencia de alquiler/hipoteca con un solo punto de contacto".

Necesita ayuda para la vivienda?

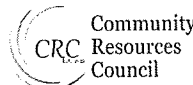
Ya no necesita ponerse en contacto con varias agencias para recibir asistencia de alquiler/hipoteca. El programa de E.A.S. puede ayudarlo a acceder a la ayuda rápidamente con un único punto de contacto.

Cómo puedo solicitar ayuda a través de E.A.S.?

785-368-9533

EAS@Topeka.org

620 SE Madison Topeka, KS



Maria Anderson

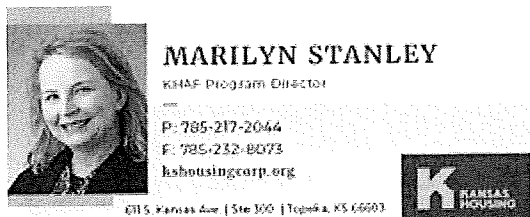
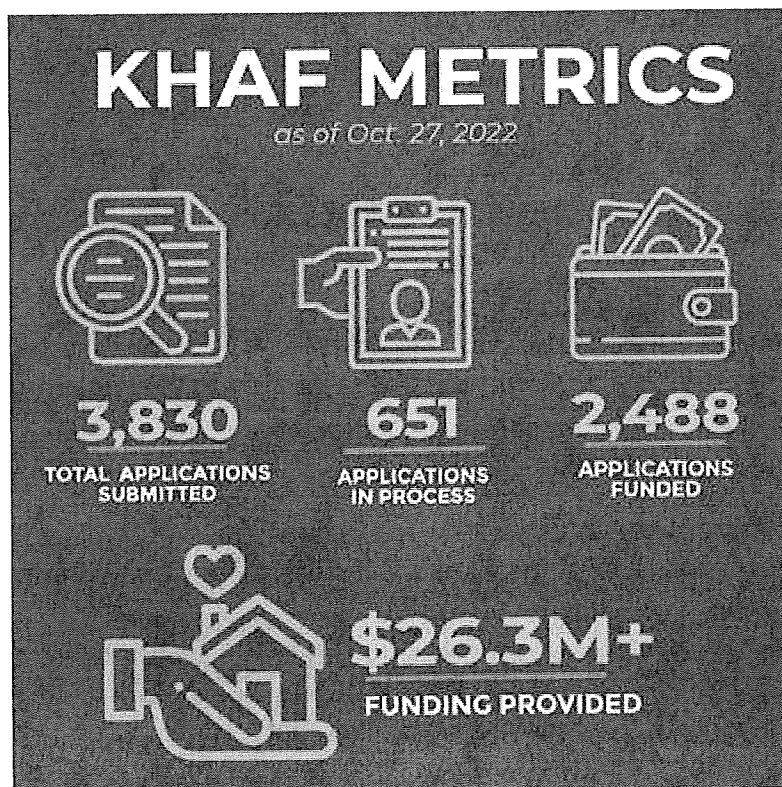
From: Rachelle Vega-Retana
Sent: Friday, October 28, 2022 7:42 AM
Subject: KHAF Program Continues to Have Funds for Past Due Homeowners

Please continue to inform homeowners that the Kansas Homeowner Assistance Fund (KHAF) program is available to help if they are **past due on mortgage or property taxes**.
Thank you in advance for your help.

[KHAF Webpage with Online Application](#)

[KHAF Applications by County Report 10-27-22](#)

94 of the 105 Kansas counties have submitted applications.



[Kansas Homeowner Assistance Fund \(KHAF\)](#)

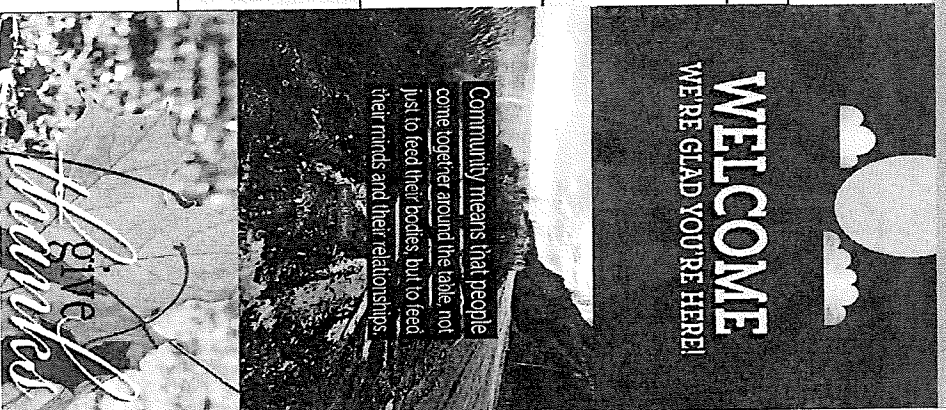
KHAF Call Center @ 855-307-KHAF (5423) or complete the [KHAF Contact Us Form](#)

Rachelle Vega-Retana, Program Coordinator
City of Topeka, Dept. of Planning & Development
Division of Housing Services
620 SE Madison St. 1st Floor – Unit 8
Topeka, Ks. 66607
Phone: (785) 368-4490
Fax: (785) 368-2546
Email: rvretana@topeka.org

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November 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	1 DONNA FUN DAY 10AM	2 ANGEL CARE HOME HEALTH PRESENTATION BY LINDSEY CRAY 0930 BRETHREN LUNCH 11:20AM	3 GOLDEN EAGLE CASINO BUS LEAVES AT 8:30AM	4 REGULAR BINGO & 90 BALL BINGO 10AM	5	6
7 *FALL DECORATING *MOVIE OR PLAYING CARDS 10AM	8 CLOSED FOR ELECTION DAY REMEMBER TO VOTE	9 ALL AMERICAN TRIVIA 10AM PITCH 12:45	10 LIBRARY THANKSGIVING DINNER W/ ATRIA 10AM	11 RHONDA FROM ATRIA 1 HOUR BINGO 10AM TO 11AM VETERANS BBQ & MOVIE 11AM	12	13
14 LULAC SENIOR CENTER HARP MUSIC PRESENTATION 10AM	15 SOUP & SANDWICH & MOVIE DAY 10AM	16 WII BOWLING 10AM BRETHREN LUNCH 11:20AM	17 GAGE BOWLING & LUNCH 10:30AM	18 NICKEL BINGO 10AM	19	20
21 POKENO 10AM	22 W/TIEFANY AKA DONNA 10AM	23 NICKEL BINGO 10AM	24 CLOSED HAPPY THANKSGIVING!	25 CLOSED	26	27
28 BIRTHDAY CELEBRATION 90 BALL BINGO 10AM	29 END OF THE MONTH BINGO BINGO 10AM	30 E. TOPEKA BRUNCH BRETHREN LUNCH 11:20AM				
NOTES: TRANSPORTATION # 785-430-9416 SUBJECT TO CHANGE						



619 NW PARAMORE ST
TOPEKA, KS, 66608
PHONE: 785.232.1968
ACTIVITIES@PAPANSLANDING.ORG

OUR MISSION

is to provide services that will assist the elderly in remaining independent and in their own homes for as long as possible.

OUR PURPOSE

is to promote the welfare of persons 60 years of age and over through:

Active involvement with the elderly in identifying their needs.

Providing appropriate measures for meeting those needs.

Providing information and referrals to other social service agencies as needed.

PLSC

619 NW Paramore Street
Topeka, Kansas 66608

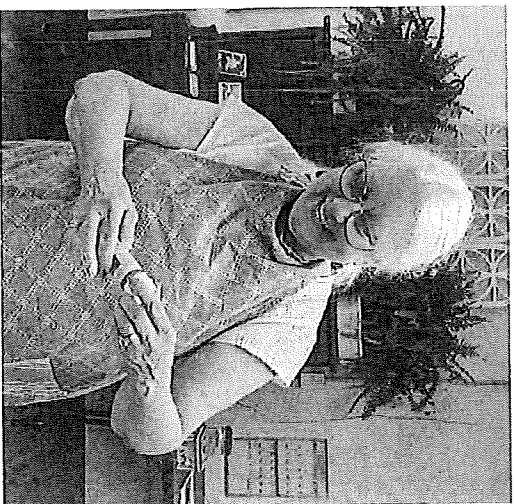
Papan's Landing Senior Center

Providing senior services, social and educational activities, transportation, and telephone reassurance to Shawnee County residents aged 60 and older since 1984



Think being a senior means sitting at home watching TV? Think again!

Papan's offers ample opportunities for seniors to get out and enjoy life. We load up our buses and go to casinos, restaurants, historical destinations, and cultural events. At the Center we share meals, exercise, learn, and do things together that enrich all of our lives - participant, staff member, and volunteer alike.



Our friendly volunteers lead classes in arts and crafts and other activities, serve on our Board of Directors, help with office duties, and perform odd jobs around the Center.

There is always room for more volunteers. Contact Robin @ 785.232.1968 or executivedirector@papaslanding.org or to see current opportunities, go to <https://unitedwaytopeka.org>



"This is my happy place."
Nellie



Contact Us

Papan's Landing Senior Center

**619 NW Paramore Street
Topeka, Kansas 66608**

**Main Number: 785.232.1968
Transportation: 785-430-9416**

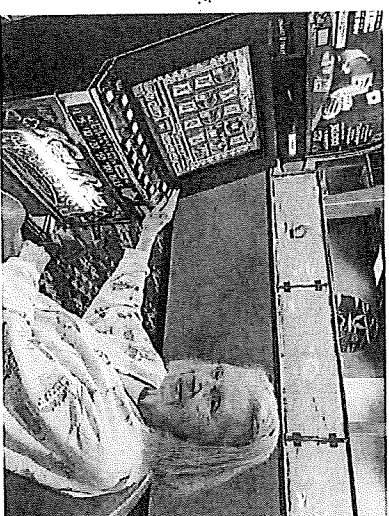
Email:

**activities@papanslanding.org
transportation@papanslanding.org
executivedirector@papanslanding.org**

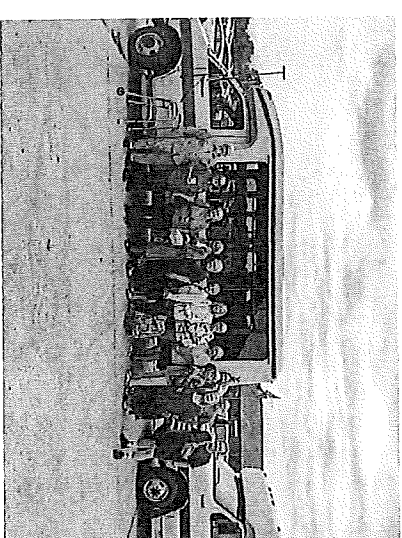
Online:

**www.papanslanding.org
<https://www.facebook.com/Papanslanding>**

Donations are always gladly accepted. Please contact the Director for more information.



Papan's Landing Senior Center
provides transportation for medical and business appointments, shopping, visiting loved ones in the hospital or care centers, and to and from the Center and Center hosted recreational trips.
A donation of \$4 per trip is suggested.





Topeka Lulac

SENIOR CENTER

November 2022 • Volume 1 Issue 1

CENTER ADDRESS

1502 NE Seward Ave
Topeka, KS 66616

MAIN OFFICE

Phone

785-234-5809

Fax

785-233-1828

Email

lulacsnrctr@lulac.kscoxmail.com

Website

topekalulacseniorcenter.com

Facebook

@TopekaLULAC Senior Center

Office Hours

Mon - Fri: 8:00am - 4:00pm

STAFF

Kathy Votaw

Executive Director

Armando (Chino) Solis

Senior Transportation Driver

Sam Gomez

Transportation Driver

LULAC is a 501 (c) 3 nonprofit organization. We are funded by City, State, County &, Local Aging.



WELCOME!

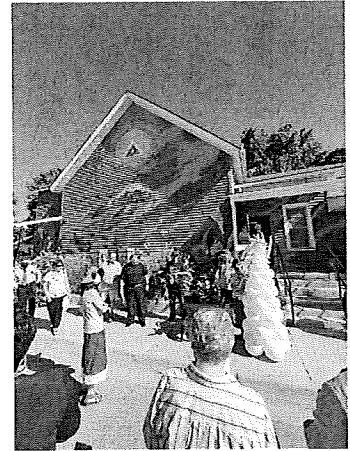
LULAC Senior Center is excited to launch our very first newsletter! For those of you who aren't aware of LULAC Senior Center, we are the only full-time senior center in Topeka offering an array of services and activities for those age 60 years and older, and those under age 60 with physical limitations, nestled in the Oakland Community. LULAC was founded in 1973 to meet the needs in the Oakland Hispanic Community. Today we serve a diverse population with transportation, recreation, senior computer classes, cooking, gardening classes, dance instruction, Tai-Chi, and many other activities to keep our senior citizens, active, engaged, and having fun! Our Mission is to promote the socialization, independence and mobility of seniors and those with physical limitations in the Topeka metropolitan area. In this issue you will find fun highlights of our organization and get the opportunity to see what LULAC participants are doing. We welcome you always and you will see we have many activities where the community can participate with us!

INSIDE THIS NEWSLETTER

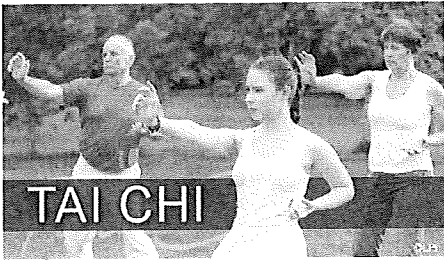
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COME SEE OUR BEAUTIFUL MURAL

Our building dedication was on August 11th this year with the completion of the Robert and Hazel Gomez portrait added to the front of the building. Robert and Hazel along with LULAC Council #11071 saw the need for center where folks could come to socialize and be together after retirement. LULAC Senior Center was established in 1973. In 2020 in partnership with the City of Topeka Neighborhood Relations and the Oakland NIA, LULAC Senior Center was awarded a grant for a mural to be painted on our building. Robert Tapley Bustamante was the artist chosen to complete the work, and we watched the transformation begin. If you haven't driven by yet to see it, you are missing the most beautiful building on Seward Avenue! Our colorful building represents happiness, and hope. Special thanks to all who attended our ceremony, Law Enforcement, Fire Department, City Manager, Mayor Mike Padilla, Father John Torrez, LULAC Senior Center Board of Directors, neighbors, friends, and supporters of the center we had a wonderful time and know this is a beautiful enhancement to the Oakland neighborhood!



Did you know? LULAC is the acronym for League of United Latin American Citizens. Our center represents every ethnicity!



LEARN TAI CHI!

WE HAVE TAI CHI CLASS IN PARTNESHIP WITH JAAA EVERY WEDNESDAY AT LULAC SENIOR CENTER! 11:00AM-11:45AM. THERE IS NO COST FOR THE CLASS. BUT YOU CAN DONATE SHOULD YOU WISH. OUR INSTRUCTOR LEARNED HER TECHNIQUE IN CHINA!

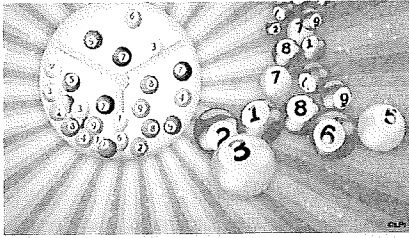
JOIN US!

ARE YOU INTERESTED IN COMING TO LULAC SENIOR CENTER? DO YOU NEED TRANSPORTATION? WE PROVIDE RIDES TO AND FROM THE CENTER. STOP IN FOR A VISIT WE WOULD BE HAPPY TO SHOW YOU AROUND.



FISHING DERBY!

WHAT A GREAT FISHING DERBY IT WAS IN 2022! LULAC CELEBRATED OUR 5TH SENIOR YOUTH FISHING DERBY ON SEPTEMBER 24TH. WE HAD A WONDERFUL TURNOUT! IF YOU MISSED IT THIS YEAR, HOLD THE DATE OF SEPTEMBER 23RD, 2023.



OUR MONTHLY CALENDAR!

Each month we try new things, visit new places, and engage in the offerings of our community via civic events, presentations. Our calendar helps family members and friends catch up with us and gives others in the Topeka Metro area an opportunity to participate even if they do not belong to LULAC Senior Center!

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Did you know? We are a congregate Meals on Wheels Dining Site		1 Dia de los Muertos Celebration and Remembrance 11am	2 Tai Chi 11am Open to Public	3 Happy Birthday Celebration! Chino, Pam, Lorrienne	4 Prairie Band Casino Trip! Bus leaves 9am returns 3pm	
Visit our Little LULAC Library in the front of our building, or donate books for others.	7 Walmart Basic Needs Shopping 1pm	8 Golden Corral Dining Out 11:30am	9 Tai Chi 11am Open to Public	10 Road Trip! Lecompton, Kansas Museum 10:30am	11 Veteran's Day Agency is CLOSED	
Christmas wreaths arrive this week!	14 Jim Mosher and his beautiful Harp Music! 1pm -Here	15 McDonald's Breakfast 10am	16 Tai Chi 11am Open to Public	17 Shopping in NOTO- 10:30am	18 BINGO! 12:30pm Harvester's Food Pantry 1pm	
Harvester's Senior Food Pantry the 3rd Friday every month. No income eligibility.	21 Walmart Basic Needs Shopping 1pm	22 Popcorn and Movie Day! 10:30am	23 Tai Chi 11am Senior Center Thanksgiving Lunch 12pm	24 Happy Thanksgiving! Building Closed	25 Thanksgiving Holiday- Closed	
Want to join us? Call our office and find out how you can! 785-234-5809	28 Christmas Stocking Craft Project 10:30am	29 Festival of Trees 11am Lunch out after event	30 Tai Chi 11am			



MEET OUR LULAC SENIOR DRIVER

ARMANDO (CHINO) SOLIS

If you know LULAC, you know Chino our transportation driver at the Center with a record of 32 years of service. In 2021, Kansas RTAP sent out a call for nominations for outstanding transit drivers in the State of Kansas, and Chino was awarded the first ever Blue Star Driver Award! Chino has put many miles behind him, and provides reliable, safe transportation to our senior citizens throughout the Topeka area. Chino says his favorite thing about his job is the "reactions I see from the senior citizens on a daily basis". Chino not only is the transportation driver at LULAC, but the Gardener, the Maintenance man, and sometimes the janitor!

LULAC is very lucky to have Chino on staff, and we know our senior citizen population feel safe with his assistance in the daily interactions at the Center.

TPAC IN DECEMBER!
LULAC SENIOR CITIZENS HAVE BEEN TAKING DANCE INSTRUCTION FROM BARBARA'S CONSERVATORY OF DANCE FOR THE LAST 2 YEARS! THEY WILL PERFORM ONCE AGAIN AT TPAC IN DECEMBER AS PART OF THE CHRISTMAS DANCE PROGRAM. MORE INFO COMING SOON ON THE DATE!

"WISDOM"

From the LULAC Senior Citizens:

"Life is short, eat dessert first!"

"Spend time with your elders, not everything can be found on Google"



A MESSAGE FROM THE DIRECTOR-KATHY

With the holiday season fast approaching, I wanted to take a moment to recognize all of the support we have received in this past year. We have been fortunate here at LULAC to be the recipient of many partnerships/supporters throughout the year that have helped us to continue our mission serving the elderly in the Topeka area. Thank you for your donations of coffee and snacks, talents you have shared, and financial support. We couldn't have done it with you!

THANKSGIVING TRIVIA

In 1953, Swanson overestimated the number of frozen turkeys that it would sell on Thanksgiving by 26 tons. ...

The busiest time to hit the road for Thanksgiving travel is the Wednesday before Thanksgiving Day. ...

Black Friday is the busiest day for Roto-Rooter, a major plumbing service.

Happy Thanksgiving! Our office will be closed.

Winter

All the words are hidden vertically, horizontally or diagonally—in both directions. The letters that remain unused form a sentence from left to right.

```

H G I E L S E S R O H A Y C C
H S C A R F Z H A T S O L R D
T A G L O V E S I N N G L T O
E M I S T L E T O E D I I C E
E T F F E R R W E Y N T H S T
T S O R F U F D D R A I C N E
G I C I C L E S E A S O N O S
N R T H T E A H T U T E R I C
I H T L I O C I S N R Z I T C
R C A E O I S V O A O E M A E
E S L L T I N E R J N E G T D
T B G C O L D R F O O R T I E
T I C I N E S S E S M F H P C
A F I R E I N S M T I I U I E
H S E L A G M M O E C T E C M
C K R A R C T I C W I N D E B
A I E T A K S N E D W A I R E
N T E R S R A E B R A L O P R

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FIRE
 FREEZE
 FROST
 GALE
 GLOVES
 HAT
 HORSE SLEIGH
 ICE
 ICICLE
 ICINESS
 IGLOO
 JANUARY
 MISTLETOE
 POLAR BEARS
 PRECIPITATION
 SALT
 SCARF
 SEASON
 SHIVER
 SKATE
 SKI
 SNOW
 STEW

ANTIFREEZE
 ARCTIC WIND
 ASTRONOMIC

BECOME FROSTED
 CHATTERING TEETH
 CHILLY

CHRISTMAS
 COLD
 DECEMBER



MEET OUR SENIOR CENTER PARTICIPANTS

NOVEMBER 2022 • VOLUME 1 • ISSUE 1

7



MEET MAXINE!

SENIOR CENTER PARTICIPANT:

Maxine has been coming to LULAC Senior Center for 2 years. At 90 years young, she loves being around the people at the center. She is our "karaoke queen" always ready to sing, and it doesn't matter which era it is just as long as she can read the karaoke machine words. She enjoys the off-site activities the most, and is our positivity cheerleader offering words of wisdom, and sweet compliments daily. Come meet Maxine at LULAC!

LULAC SENIOR CENTER WISH LIST:

YOU CAN FIND OUR LIST OF "WISHES" ON THE TARGET REGISTRY. IF YOU ARE INTERESTED IN DONATING TO THE CENTER YOUR TALENTS, TIME, OR HAVE A FAMILY MEMBER WHO MIGHT BE INTERESTED, PLEASE CALL THE OFFICE 234-5809



**TOPEKA LULAC
SENIOR CENTER**

1502 NE Seward Ave
Topeka, KS 66616

Return Service Requested

PRESORTED
STANDARD
U.S. POSTAGE PAID



MARY'S YUMMY SHEET PAN OMELET

SERVES 8

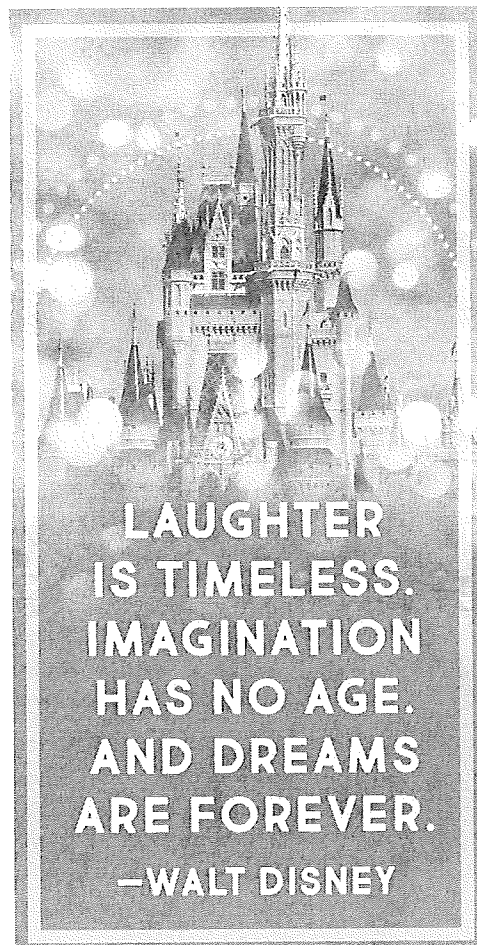
12 large eggs
1/2 c heavy cream
1/2 c diced ham
1 c bell pepper
1/2 c red onion
1/2 tsp salt
1/2 tsp pepper
3/4 c shredded cheese

Preheat oven to 350-Spray a sheet pan with nonstick cooking spray.

In large bowl whisk eggs and cream, stir in other ingredients. Pour in prepared pan, and sprinkle with cheese. Bake 20-30 minutes until top is lightly browned. Serve immediately.

Per serving 180 calories 12g fat, 296 mg cholesterol 15g protein, 4g carbs 2g sugar.

This is a favorite for the Holidays!



OFFICE USE ONLY

Intake Date	<input type="checkbox"/> Echo Ridge	<input type="checkbox"/> Tenn Town 1
Reviewer Initials	<input type="checkbox"/> Jackson Towers	<input type="checkbox"/> Tenn Town 2
UWGT Initials	<input type="checkbox"/> Plaza West	<input type="checkbox"/> Tyler Towers
Total # of adults	<input type="checkbox"/> Polk Towers	
Total 17 & under		

2022 Christmas Bureau Application

ONLY SHAWNEE COUNTY RESIDENTS

MAY APPLY

For faster service, please bring the completed form and documentation with you to intake.

Information about the adult registering the household:

LAST Name FIRST Name MI Date of Birth SSN Gender

mm / dd / yy Last 4 digits M/F

Home Address Zip Code City

Cell Number and Name Backup Contact Name & Phone Number

Email Address OK to send TEXT messages ☐ YES ☐ NO

Please check the option (s) that apply to one or more members of your household:

☐ Senior (65+) ☐ Veteran ☐ Disabled ☐ Homebound ☐ Pet Dog or cat ONLY

If the adults in the household do NOT speak English, please check one of the two following options:

☐ Spanish only ☐ Spanish/English spoken by whom Age Must be 14

Household Type: Please check the one that best describes your household (children are 17 & under)

☐ Couple w/children ☐ Single Parent w/children ☐ Grandparents w/children

☐ Single Person ☐ Multiple Adults (no children)

YOUR STORY (optional) What would you like your adopter to know about you?



CHRISTMAS BUREAU RELEASE FORM AND WAIVER

Information on this application may be discussed with, or additional information sought from any other person (persons) or entity necessary in order to make a final accurate determination of eligibility. This information will be entered into a database. By this consent, I shall hold the Christmas Bureau harmless for any liability that it may incur as a result of any disclosure made within bounds of my consent and authorization. I, the undersigned, verify the statements to be true to the best of my knowledge.

Printed Name of Adult Registering the Household

DO NOT SIGN UNTIL you are in the presence of a Christmas Bureau volunteer

Signature

Date

Witness

PLEASE LIST ALL HOUSEHOLD MEMBERS AND WISH LIST ITEMS ON THE BACK OF THIS FORM

This form is to be signed in presence of a Christmas Bureau volunteer, after the household eligibility has been verified.

HOUSEHOLD MEMBERS - GIFT LIST - If your household has more than 6 members use an additional form.

Address: _____

Clothing & Shoe Sizes

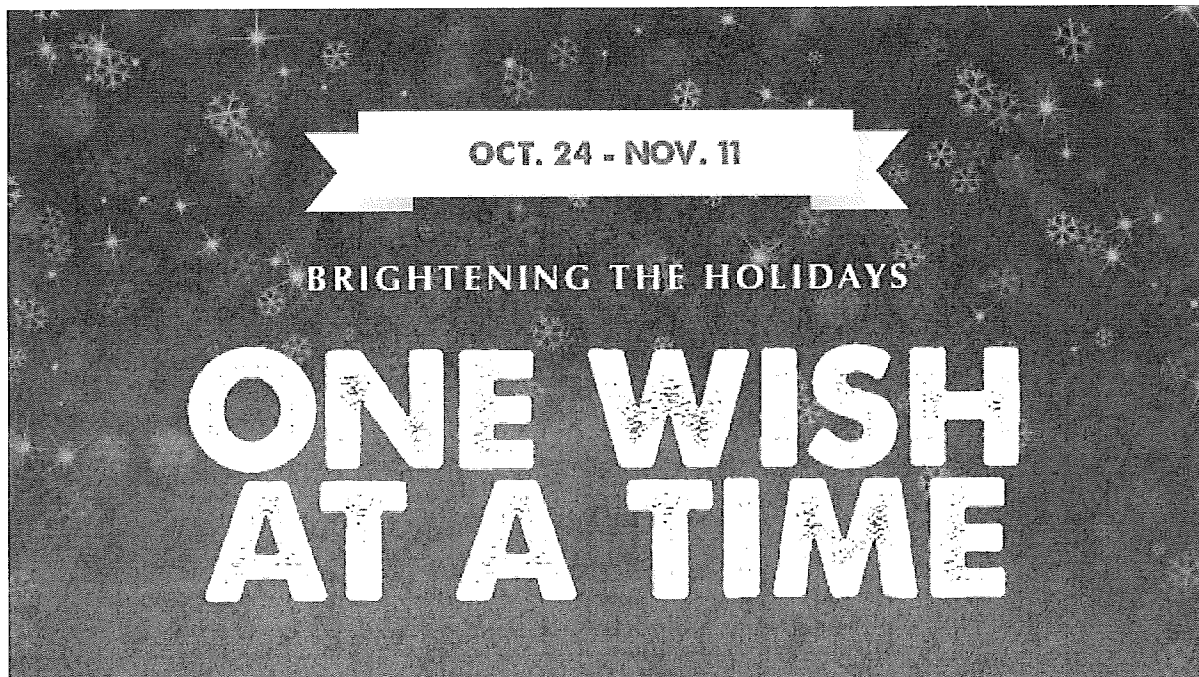
NO electronics, technology or gift cards
NO EXCEPTIONS! DO NOT LIST!

	Full Name for EACH household member	Last 4 SSN	Age	M/F	Shirt Size	Pants Size	Shoe Size	Wish List (Total Gift Price Max Per Person: \$45)
YOU	First Name: _____	<input type="checkbox"/>		M <input type="checkbox"/>	Adult _____	Adult _____	Adult _____	1.
	Junior _____			Junior _____	Junior _____	2.		
	Last Name: _____			F <input type="checkbox"/>	Child _____	Child _____	Child _____	3.
2	First Name: _____	<input type="checkbox"/>		M <input type="checkbox"/>	Adult _____	Adult _____	Adult _____	1.
	Junior _____			Junior _____	Junior _____	2.		
	Last Name: _____			F <input type="checkbox"/>	Child _____	Child _____	Child _____	3.
3	First Name: _____	<input type="checkbox"/>		M <input type="checkbox"/>	Adult _____	Adult _____	Adult _____	1.
	Junior _____			Junior _____	Junior _____	2.		
	Last Name: _____			F <input type="checkbox"/>	Child _____	Child _____	Child _____	3.
4	First Name: _____	<input type="checkbox"/>		M <input type="checkbox"/>	Adult _____	Adult _____	Adult _____	1.
	Junior _____			Junior _____	Junior _____	2.		
	Last Name: _____			F <input type="checkbox"/>	Child _____	Child _____	Child _____	3.
5	First Name: _____	<input type="checkbox"/>		M <input type="checkbox"/>	Adult _____	Adult _____	Adult _____	1.
	Junior _____			Junior _____	Junior _____	2.		
	Last Name: _____			F <input type="checkbox"/>	Child _____	Child _____	Child _____	3.
6	First Name: _____	<input type="checkbox"/>		M <input type="checkbox"/>	Adult _____	Adult _____	Adult _____	1.
	Junior _____			Junior _____	Junior _____	2.		
	Last Name: _____			F <input type="checkbox"/>	Child _____	Child _____	Child _____	3.

USE AN ADDITIONAL FORM FOR MORE THAN 6 HOUSEHOLD MEMBERS

Maria Anderson

From: Rachelle Vega-Retana
Sent: Monday, October 24, 2022 11:21 AM
Subject: Season of Sharing is now open!



During the eighth annual Season of Sharing, we will grant wishes to those in need in Topeka and Shawnee County. These wishes will be granted from Thanksgiving through Christmas Day.

This program supports individuals and families during the holiday season by providing unique services or fulfilling needs not typically met by other holiday giving organizations.

Anyone can apply, or submit an application for someone you know.



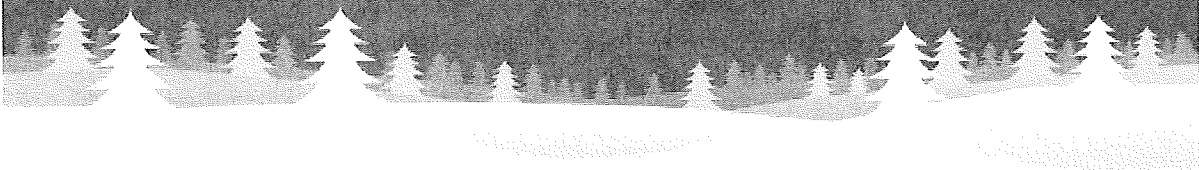
HAVE A WISH IN MIND?

APPLY HERE

Applications will be accepted

Monday, Oct. 24 through Friday, Nov. 11, 2022.

Please note: We are unable to grant requests for vehicle repairs, purchase of vehicles or the payment of bills. All other submissions will be considered.



ADVISORS.
EXCEL

Tracy Khounsavanh Killough

Director of Community Engagement

E: tracy.killough@advisorsexcel.com P: [866.363.9595](tel:866.363.9595)

A: 2950 SW McClure Rd., Topeka, KS 66614

Rachelle Vega-Retana, Program Coordinator
City of Topeka, Dept. of Planning & Development
Division of Housing Services
620 SE Madison St. 1st Floor – Unit 8
Topeka, Ks. 66607
Phone: (785) 368-4490

Fax: (785) 368-2546
Email: rvretana@topeka.org

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Free Legal Assistance for Shawnee County Families



The Topeka Family Legal Project (TFLP), is currently accepting applications from families in need of legal assistance related to housing, education, and benefits.



**Housing
Security**



**Child's
Education**



**Government
Benefits**

To be eligible, families must :

1. Include at least 1 minor child and at least 1 parent or guardian,
AND
2. Reside in Shawnee County, Kansas.

Application process:

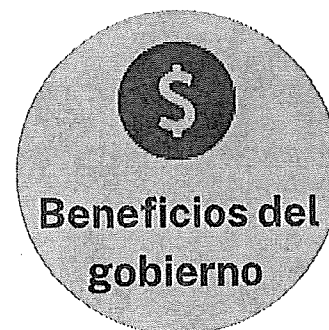
Families can apply directly at khd.link/tflp-app, or can be referred through a partner agency at khd.link/tflp. Once a completed application or referral is received, TFLP staff will follow up with the family within 3 business days.

To learn more about the project, visit
<https://www.kansasholisticdefenders.org/tflp>, call (785) 284-9835 or email
topekafamilylegalproject@gmail.com.

Asistencia legal gratuito para familias en la condado de Shawnee



El Proyecto Familiar Legal de Topeka (TFLP) esta aceptando solicitudes de familias quienes ocupan asistencia legal relacionado a la vivienda, educación, y beneficios.



Para ser eligible, las familias tiene que tener :

1. Por lo menos un hijo menor de edad y un padre o guardian , Y
2. Vivir en el condado de Shawnee, Kansas

Proceso para Aplicar:

Las familias pueden aplicar directamente en khd.link/tflp-app, o pueden ser referidas por una agencia asociada en khd.link/tflp. Después que una aplicación completa o referencia ha sido recibida, personal del TFLP se pondrá en contacto con la familia en 3 días hábiles.

Para aprender más del proyecto , visite la página <https://www.kansasholisticdefenders.org/tflp>, llama al (785) 284-9835 o manda un correo electrónico al topekafamilylegalproject@gmail.com.