# COMMUNITY RESOURCE INFORMATION 8/31/2021



August, 2021 Volume 12, Issue 8

Keep America Beautiful-Topeka/Shawnee County, P.O. Box 750775, Topeka, KS 66675 (785) 224-0446, www.kabtopsh.org, email: kab@kabtopsh.org
Philicia McKee, Executive Director

#### Good morning!

The KAB X-Treme Team was out on July 31<sup>st</sup> cleaning up along California. It was hot, and we were tired, but it was a great tired. It looked much better when we were finished.

As many of you may remember, I will be retiring in January. We are beginning our quest to find a new executive director. Our timeline is that we will try to hire someone by October 1, with a start date of November 1. Please have anyone that you know that would be an interested candidate contact me.

Sunflower Lions Club recycled 217 of plastic film in July!

Thanks to Strathman Sales who contributed \$1,000 for next year's Get Down and Get Dirty t-shirts.

We are already doing some planning for next year. At the last meeting, we thought it would be fun to have a door prize for our Topeka Cemetery event with a patriotic theme. Because things might go on sale after Labor Day, if you would like to contribute something for the patriotic basket, this would be a great time to pick something up on sale. You can get that to me, a board member, or bring it to one of our meetings. We might even have a door prize at our monthly cleanups. Let's have some fun with this.

Topeka Audubon Society completed 723 volunteer hours in May, June and July. Vivien Smith completed 150 volunteer hours in May, June and July. Thanks to them for their hard work in this community.

Rotary Rubbish Roundup group held a cleanup of the Seward boat ramp on August 14<sup>th</sup>.

We still have plenty of volunteer events coming up on our calendar. Please remember to RSVP for these events.

Paula and Willard work very hard to help their community for the Perry Pride Fall Festival. Please see the information later in this newsletter. Hope you can attend!

#### **Daylily Sale**

I received word that next Saturday, August 28th is the Topeka Daylily Club's annual daylily plant sale, from 7:30 AM till noon, at the Downtown Farmers Market in Topeka. They will have hundreds of plants of all colors and shades!

--Thilicia

"Count your age by friends, not years. Count your life by smiles, not tears."

--from my realtor, Don Wiltz, originally by John Lennon

#### **Upcoming Events and Volunteer Opportunities:**

PLEASE REMEMBER T August 26 August 28 August 31	O RSVP FOR ANY VOLUNTEER EVENTS  Friends of Reinisch work day (volunteers needed)  The KAB X-Treme Team will cleanup extremely littered areas 9-11 a.m. (volunteers needed)  Daylily Cleanup at Ted Ensley Gardens 9am-12pm (volunteers needed)
September 2	Friends of Reinisch work day (volunteers needed)
September 4	Household Hazardous Waste Facility, 131 NE 46th 9 a.m. – noon. The HHW is also open M-Th 7 am – 5
	pm and Friday from 7 am – 3 pm
September 9	Friends of Reinisch work day (volunteers needed)
September 14	KAB Monthly Meeting, 12: 00 – 1:00 p.m. Perkins Restaurant & Bakery, 1720 SW Wanamaker
4	Topic will be: Payton Meader, AG office, identity theft
September 16	Friends of Reinisch work day (volunteers needed)
September 23	Friends of Reinisch work day (volunteers needed)
September 25	The KAB X-Treme Team will cleanup extremely littered areas 9-11 a.m. (volunteers needed)
September 28	Perennial Cut Back at Ted Ensley Gardens (volunteers needed)
September 30	Friends of Reinisch work day (volunteers needed)

#### F. Y. J.

#### Thoughts on Life—Regina Brett

- 1. Life isn't fair, but it's still good.
- 2. When in doubt, just take the next small step.
- 3. Life is too short enjoy it..
- 4. Your job won't take care of you when you are sick. Your friends and family will.
- 5. Pay off your credit cards every month.
- 6. You don't have to win every argument. Stay true to yourself.
- 7. Cry with someone. It's more healing than crying alone.
- 8. Save for retirement starting with your first pay check.
- 9. When it comes to chocolate, resistance is futile.
- 10. Make peace with your past so it won't screw up the present.
- 11. It's OK to let your children see you cry.
- 12. Don't compare your life to others. You have no idea what their journey is all about.
- 13. If a relationship has to be a secret, you shouldn't be in it...
- 14. Take a deep breath. It calms the mind.
- 15. Get rid of anything that isn't useful. Clutter weighs you down in many ways.
- 16. Whatever doesn't kill you really does make you stronger.
- 17. It's never too late to be happy. But it's all up to you and no one else.
- 18. When it comes to going after what you love in life, don't take no for an answer.
- 19. Burn the candles, use the nice sheets, wear the fancy lingerie. Don't save it for a special occasion. Today is special.
- 20. Over prepare, then go with the flow.
- 21. Be eccentric now. Don't wait for old age to wear purple.
- 22. The most important sex organ is the brain.
- 23. No one is in charge of your happiness but you.
- 24. Frame every so-called disaster with these words 'In five years, will this matter?'
- 25. Always choose life.
- 26. Forgive but don't forget.
- 27. What other people think of you is none of your business.
- 28. Time heals almost everything. Give time time.
- 29. However good or bad a situation is, it will change.
- 30. Don't take yourself so seriously. No one else does..
- 31. Believe in miracles.
- 32. Don't audit life. Show up and make the most of it now.
- 33. Growing old beats the alternative -- dying young.
- 34. Your children get only one childhood.
- 35. All that truly matters in the end is that you loved.
- 36. Get outside every day. Miracles are waiting everywhere.
- 37. If we all threw our problems in a pile and saw everyone else's, we'd grab ours back.
- 38. Envy is a waste of time. Accept what you already have not what you need.
- 39. The best is yet to come...
- 40. No matter how you feel, get up, dress up and show up.
- 41. Yield.
- 42. Life isn't tied with a bow, but it's still a gift.



"Always the second Saturday in September!"

#### 12th Annual Perry Pride Fall Festival

Saturday, Sept. 11, 2021 from 9 a.m. - 4 p.m.

Held on Front St. in historic downtown Perry, Kansas

9 - 11 am Perry History Pocket Museum Exhibit Opening First State Bank & Trust lobby

9 am - 3:30 pm Train Rides — FREE to the public Front St

9 am - 4 pm Garden Tractor Pull (9 am registration; Pull begins at 10 am)
West of Perry Milling Feed & Supply, 102 E Front St

9 am - 4 pm Inflatable Play Area — FREE to the public Front St

9 am - 4 pm Fire Truck Display Front St

9 am - 4 pm U.S. National Guard Climbing Wall

10-10:30 am Festival Opening Ceremony and 9th Annual Community Photo City Hall, 115 Elm St

10 am - 1 pm COVID Vaccinations & Testing Front St

10 am - 2 pm Pony Rides — FREE to the public Corner of Front St and Main St

11 am - 2 pm Cake Walk Corner of Front St and Elm St

11 am - 3 pm Photo Booth — FREE to the public Corner of Front St and Main St

11 am - 3 pm Balloon Art — FREE to the public Front St

11 am - 3 pm Caricature Art — FREE to the public

11 am - 3 pm Henna Art — FREE to the public Front St

12 - 1 pm Belly Dancers - Zada Al Gaziyeh & Raghsidad! Corner of Front St and Elm St

1 - 3 pm Musical Guest - Buck Creek Corner of Front St and Elm St

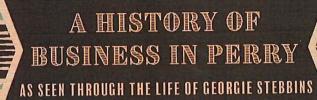
1:30 - 4 pm Cornhole Tournament
(1:30 pm registration; Tournament begins at 2 pm)
In front of Perry Bar & Grill, 215 E Front St

LEARN MORE AT WWW.PERRYPRIDE.ORG

PERRY PRINT PRESENTS

### CRUM OPENA





PERRY RISTORY POCKET MUSEUM LOCATED AT -

#### FIRST STATE BANK & TRUST

AR2 PLAZA DR PERRY, KASAS 66073

LIGHT REFRESHMENTS - OPEN HOUSE FROM 9-11 AM

WWW.PERRYPRIDE.ORG

#### Always a huge THANK YOU to our Executive Board and Board of Directors who do so much for this organization!

Paula Hladky, President Steven Grenus, Vice-President Marcia Steinbock, Secretary Maggie Kelley, Treasurer

Willard Epling and Mary Thomas, Business Committee Sherry Clayton and Lacey McKee, Communications Committee Judy Gatewood and Mary Cox, Community Organizations Committee Maggie Kelley and Mary Snyder, Education Committee Aaron Grams and Bill Sutton, Government Committee Mary Snyder, IT and Social Media Committee

#### Sincere Thanks . . .

To our executive partner. Without Shawnee County funding we would not be able to make a difference in our community.



#### Sincere Thanks . . .

To our Get Down and Get Dirty Partners

Community Resources Council
CoreFirst Bank and Trust
Custom Tree Care
DaVita Kidney Care
Frito-Lay
Majic 107.7
MARS
Pepsi Cola of Topeka
Shawnee County
Strathman Sales
Target
Topeka Audubon Society
Topeka Edward Jones
Wal-Mart
Waste Management of Kansas
WIBW

If you would like to unsubscribe, please e-mail: kab@kabtopsh.org

Tel: 785-368-0991 www.topeka.org

#### For Immediate Release

Contact for further information: Molly Hadfield, Director of Media Relations 368-0991, mhadfield@topeka.org

Friday, August 20, 2021

#### Masks Required in all City of Topeka Buildings Effective August 23rd

**TOPEKA, KS** – In response to the Local Disaster Emergency that the Shawnee County Commission implemented on August 19, 2021 due to the currently increasing cases of COVID in Shawnee County, the City is implementing the following emergency protocol concerning the use of face masks and other face coverings. Facemasks or coverings will be required of all persons entering City of Topeka buildings. Additional procedures are in place for those doing business at the Municipal Court.

The Municipal Court will continue to observe the following:

- Only those with court business/probation appointments will be permitted in the building.
   Defendants should not bring family/friends/observers to their court hearings and should make all attempts for alternate childcare arrangements.
- To maintain appropriate social distancing and the maximum number of persons allowed in the courtrooms, defendants may be required to wait in the lobby or other areas during larger dockets.
- Defendants who report or are displaying symptoms of illness, are caring for someone ill, or are in a high risk category, should contact their attorney to request a continuance. Defendants without an attorney may file a motion for continuance. Defendants should expect to attend their court hearing until the continuance has been granted by a judge.
- Anyone entering the courthouse or probation office will be denied access as follows:
  - If the person has been in close contact with someone who has been diagnosed with, or is suspected to have had, COVID-19 within the last 14 days;
  - o If the person is experiencing two or more of the COVID-19 symptoms identified by the Centers for Disease Control and Prevention; or

Tel: 785-368-0991 www.topeka.org

#### For Immediate Release

Contact for further information: Molly Hadfield, Director of Media Relations 368-0991, mhadfield@topeka.org

Thursday, August 19, 2021

#### **Impact Avenues Success in First Two Years**

**TOPEKA, KS** – Public school student homelessness is a national crisis affecting more than 1 million children in grades K-12. The City of Topeka, Topeka Public Schools, and more than 35 community partner organizations are working to end student homelessness through the Impact Avenues program.

Impact Avenues reached 207 families with 525 children from its launch in August 2019 through July 2021, making it possible for 73 families with 186 children to reach a permanent housing solution. Moreover, 191 families received utility assistance that allowed them to remain stably housed, 108 individuals received mental health services, 61 families received transportation assistance, and 31 families received legal help during this period. 49% of the families in the program were not employed at entry and are now fully employed.

"Topeka is dedicated to ensuring that no student has to endure the burden and stigma that is associated with homelessness. Impact Avenues is a powerful force for good in Topeka and Shawnee County. Its skilled, innovative, and compassionate approach to student homelessness will continue to help families break the cycle of poverty through housing stability, educational attainment, and economic mobility for years to come." said Corrie Wright, Division Director of Housing Services for the City of Topeka. "I am very proud that Impact Avenues has been able to help over five hundred children become housed, and continue to stay housed in its first two years. I'm excited to continue the important work and continue to help eradicate child homelessness in our community."

Impact Avenues is a replication of the nationally recognized Impact KCK program in Wyandotte County, Kansas. The program combines the skillful application of the Collective Impact Model for Community Change with a number of social service innovations to effectively serve homeless students and their families.

Impact Avenues uses a two-generation approach to addressing student homelessness and a wide array of wraparound services to achieve its goals. Innovative social service practices include (1) a single point of service; (2) intensive case management provided by an Impact Navigator; and (3) connection with a permanent housing solution. In addition, effective management and continuous improvement are supported by developmental evaluation, a method that provides real time assessment of program outcomes, challenges, and opportunities that further strengthens program effectiveness.

# For more information

For more information, call or visit us online.

LearningQuest.com

1-800-579-2203



#### GREETINGS

#### from the Kansas Treasurer

The K.I.D.S. program is a unique opportunity for Kansas families who want to begin saving for their child's education beyond high school but may need some assistance in making that goal a reality. Investing in a Learning Quest account is a great way to show your student that you believe in their future by taking steps today to be prepared tomorrow for the cost of their education at any traditional four year university or any community or technical college. K-12 tuition expenses are also eligible.

Start saving today and tell your student that you expect great things from them.

## Investing in Your Children's Future

#### LET US HELP Support Their Dreams

Kansas Investments Developing Scholars (K.I.D.S) is a matching grant program administered by the Kansas State Treasurer Office. Families from Kansas, meeting certain income requirements, are eligible to receive a matching contribution up to \$600.

- The K.I.D.S. program aids families living in Kansas with income less than 200% of the federal poverty level and enrolled in the Learning Quest\* 529 Education Savings Program.
- You can open a Learning Quest account and set up recurring contributions via payroll deduction or from your bank account.
- Applications are due by December 31, 2021.
- Once approved, participants have until December 31, 2021, to make contributions up to \$600.

#### If eligible, take advantage of this additional money.

Account owners must be Kansas residents and total Federal Adjusted Gross Income for all members of the account owner's household must be less than the amount listed below.

#### # of Persons in Family or Household







#### Medical Foot Care Clinic Wednesday, September 8<sup>th</sup>, 2021

East Topeka Senior Center, 432 S. E. Norwood St.

Call 316.260.4110 to schedule an appointment time.

#### Services include:

Primary Care
Peripheral Vascular Disease Testing
Trimming and Cleaning Nails
Reducing Calluses
Removing Ingrown Toenails



Freezing Plantar Warts

\*We accept most medical insurances including Medicare\*
In these troubling times we strive to give quality care to our patients and their foot care needs

We are a Medical Practice, so if you are needing our services, we fall under the Essential need's category.