THE SUMMER SOLSTICE SOIRE E

Come welcome Summer and reconnect with nature at Ted Ensley Gardens!

JUNE 20TH. 5-8:30PM

Yoga, a painting class, garden tours, vendors, and more!











EVENT ACTIVITIES

YOGA (FREE)

PAINTING CLASS WITH STUDIO 62 (\$20)

HERB TALK WITH TRACI PODLENA (FREE)

SUMMER SOLSTICE FIRE (FREE)

GARDEN TOURS (SUGGESTED \$5 DONATION)

Please reserve your spot for our summer themed painting class and garden tours by contacting Alexandra Jeffries at





EVENT VENDORS

BALANCE BY HER

SACRED LEAF NOTO

TANGLED CREATIONS

SISTERHOOD ESSENTIALS

CBD OF LAWRENCE

FLINT HILLS TREASURES

BEAUTIFUL NAILS (COLOR STREET)

AND MORE!



Is your organization interested in having volunteers help you complete some projects that you have been waiting to get done?

Nancy Perry Day of Caring is scheduled for September 24th from 8-4:30PM and we are recruiting projects to help support needs in our community. If you are new to Nancy Perry Day of Caring or a veteran to the program we are requiring all agencies to attend this free 1 hour training to help get you and your organization ready to succeed.

Nancy Perry Day of Caring is a large day of services where individuals from our community sign-up to support you. Similar to last year we will be hosting virtual, remote volunteer projects and in-person volunteer project and will comply with all Shawnee County recommendations for safety procedures as it relates to COVID 19.

Our **virtual training is scheduled for June 28th from 12-1PM**, please RSVP at the link below. You must RSVP to receive the virtual zoom link for the training.

https://unitedwaytopeka.galaxydigital.com/event/detail/?event_id=76293

If you have questions, feel free to send me an email jnb@unitedwaytopeka.org

In Service,

Jess



For Immediate Release

The Salvation Army 1320 SE 6th St Topeka KS 66607 785-233-9648 Contact: Shelley Robertson

EVERGY DONATES FANS TO THE SALVATION ARMY

Annual Donation Helps Those People in Need During Summer Heat

TOPEKA, KS (JUNE 14th, 2021) — Elderly and disabled people without access to air conditioning or other means of staying cool during hot and humid weather can receive fans starting at 9:00 a.m. until noon, on Tuesday, June 22, at The Salvation Army, 1320 SE 6th Street. Continuing its annual donation, Evergy provided about 600 fans to be given away in Topeka.

"The Salvation Army is helping us reach some of the most vulnerable members of our communities and help them stay safe during the heat of summer," said Cynthia McCarvel, community relations manager for Evergy. "Continuing this program allows us to reach more homes and help those in need."

The fans are intended for elderly and disabled who do not have a fan or air conditioning in their home and cannot afford to purchase one. To help the most people, each household is eligible for one fan. Proper ID and household income and proof of address (utility bill or other document) is required. One fan per household and individuals/families can sign-up at the Topeka Salvation Army prior to distribution. Applications may be picked up at Topeka Salvation Army, 1320 SE 6th Street, from 9a to noon and 1p to 3p.

Evergy's local gift of fans is part of a \$84,000.00 fan contribution distributed throughout the communities it serves.

Fans help relieve sweltering summer heat, but some days finding an air-conditioned space is the safest option. Stay aware of these heat safety tips and signs of heat illness.

HEAT SAFETY

- Never leave children or pets alone in enclosed vehicles.
- Slow down, stay indoors and avoid strenuous exercise during the hottest part of the day.
- Take frequent breaks if working outdoors.
- Use a buddy system when working in excessive heat.
- Check on family, friends and neighbors who do not have air conditioning, who spend much of their time alone or who are more likely to be affected by the heat.
- Check on animals frequently to ensure that they are not suffering from the heat.
 Ensure they have water and a shady place to rest.
- Eat small meals and eat more often.
- Avoid extreme temperature changes.
- Wear loose-fitting, lightweight, light-colored clothing.

HEAT CAN BE DANGEROUS

Excessive heat can lead to sunburn, heat cramps, heat exhaustion and heat stroke. Avoid problems by drinking plenty of fluids and limiting drinks with caffeine or alcohol.

If someone is experiencing heat cramps in the legs or abdomen, get them to a cooler place, have them rest, lightly stretch the affected muscle and replenish their fluids with a half a glass (about 4 ounces) of cool water every 15 minutes.

If a person is exhibiting signs of heat exhaustion (cool, moist, pale or flushed skin, heavy sweating, headache, nausea, dizziness, weakness exhaustion), move them to a cooler place, remove or loosen tight clothing and spray the person with water or apply cool, wet cloths or towels to the skin. Fan the person. If they are conscious, give small amounts of cool water to drink. Make sure the person drinks slowly. Watch for changes in condition. If the person refuses water, vomits or begins to lose consciousness, call 9-1-1 or the local emergency number.

HEAT STROKE IS LIFE-THREATENING

Signs include hot, red skin which may be dry or moist; changes in consciousness; vomiting; and high body temperature. Call 9-1-1 or the local emergency number immediately if some shows signs of heat stroke. Move the person to a cooler place. Quickly cool the person's body by immersing them up to their neck in cold water if possible. Otherwise, douse or spray the person with cold water, or cover the person with cold, wet towels or bags of ice.

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About Evergy

As Kansas' largest electric utility, Evergy provides customers the safe, reliable electricity needed to power their businesses and homes. We have 7,800 MW of electric generation capacity that includes renewables and traditional power sources with half the electricity supplied to our more than 700,000 customers from emissions free sources: nuclear, wind and solar, with a third coming from renewables. We are a leader in electric transmission in Kansas coordinating a network of lines and substations that supports one of the largest consolidations of wind energy in the nation. Our employees live, volunteer and work in the communities we serve. For more information about Westar Energy, visit us on the Internet at http://www.WestarEnergy.com. Westar Energy is on Facebook: www.Facebook.com/westarenergy and Twitter: www.Twitter.com/WestarEnergy.. Westar Energy media line 888-613-0003.

About The Salvation Army

The Salvation Army of Kansas and Western Missouri is an evangelical part of the universal Christian church established in 1865, and has been supporting those in need in His name without discrimination. The organization provides assistance through a broad array of social services ranging from food for the hungry, relief for disaster victims, assistance for the disabled, outreach for the elderly and ill, clothing and shelter to the homeless, and opportunities for underprivileged children. For more information about the Kansas and Western Missouri Division of the Salvation Army, visit www.SalArmyMOKAN.org.





The Salvation Army/Evergy Fan Distribution June 22, 2021 9a to noon Parking Lot of Topeka Salvation Army, 1320 SE 6th

Applicant Name Address	Last Four Digits SSN/ITIN
Phone #	Email
13/05 To 2	To Be Completed by a Salvation Army Staff &/or Designated Representative
take Worker	Intake Location
come Types	□ None □ Wages □ Soc Sec □ SSDI □ SSI □ TAF □ Child Support □ Other
0-Days Income	
ncome Verified	□ Paystubs/Employer Letter □ Benefit Letter □ Payment Record Print-Out □ Self-Declaration* □ Other* (*explain/define below
S Residency	☐ KS-Issued ID ☐ Current Utility Bill in Applicant's name ☐ Current Lease in Applicant's Name ☐ Other
attact that the inf	formation provided was done voluntarily, and that it will be used for eligibility determination and reporting non-identifiable demographic
	ify that the information provided is correct and complete, and understand that any false statements could result in service denial.
pplicant Signature	Date

Mobile Food pantries for the week of June 14-19, 2021

Monday

IBEW Local Union, 1620 NW Gage 4:00 p.m. - 5:00 p.m.

Tuesday

Topeka Rescue Mission, 401 NW Norris Drive Thru at the NW end of building 9:00 a.m. – 2:00 p.m.

Wednesday

West Side Baptist Church, 1008 SW 4th St 3:30 p.m. – 5:30 p.m.

Thursday

Topeka Rescue Mission, 401 NW Norris Drive Thru at the NW end of building 9:00 a.m. – 2:00 p.m.

Apostolic Church, 2420 SE Bellview 5:30 p.m. – 7:30 p.m.

Friday

Avondale East, 455 SE Golf Park 3:00 p.m. – 4:00 p.m.

Saturday

St. John African Methodist Church, 701 SW Topeka Blvd.

9:00 a.m. - 10:00 a.m.

Eastside Church of God, 2724 SE 10th

11:00 a.m.

Bread of Life, 234 SE Lime St.

12:30 p.m. - 1:30 p.m.

VACCINATION FIESTA FIESTA DE VACUNACION

WHEN

Saturday June 26th
TIME

10:00AM - 2:00PM

WHERE

SALVATION ARMY: 1320 SE 6th Ave, Topeka, KS 66607

CUANDO

Sábado 26 de junio **HORA**

10:00AM - 2:00PM

DONDE

SALVATION ARMY: 1320 SE 6th Ave, Topeka, KS 66607

FREE - PFIZER/JOHNSON & JOHNSON VACCINE ELIGIBILITY - 12 YEARS OF AGE AND OLDER

NO I.D. NECESSARY

GRATIS - VACUNA DE PFIZER/JOHNSON & JOHNSON ELEGIBILIDAD – MAYOR DE 12 AÑOS

NO SE NECESITA IDENTIFICACION

Food Fun and Games/Comida diversión y juegos

- KCDC Mobile Museum/Museo Móvil
- TSCPL Book Giveaway/libros regalados por la biblioteca

For more information on the COVID-19 Vaccine visit the SCHD webpage or email CovidVaccine@snco.us

VACCINATE

VACUNAR

Para obtener más información sobre la vacuna de

COVID-19 visite la página web de SCHD envié

un correo electrónico a CovidVaccine@snco.us



Questions? Call 785.232.8207 or email CovidVaccine@snco.us Prejuntas? Llame al 785-232-8207 o manda mensaje a CovidVaccine@snco.us























ACTIVIDADES DE APRENDIZAJE



SABADO, JUNIO 26 10-2

HANDS-ON LEARNING



SATURDAY, JUNE 26 10-2

Topeka Salvation Army 1320 SE 6th Ave.

Successful Connections





Bring your lunch and join us for a free monthly learning opportunity!

WHO: For service providers, home visitors and community members

WHAT: Professional speakers provide one-hour sessions on various topics

WHEN: 12-12:55pm

WHERE: Zoom

2021

August 5: Title: Goodbye, Summer! Hello, School Time!

Presented By: Jennie Watson, Family Service and Guidance Center

September 2: Title: Self-Care and Burnout

Presented By: Emily Steimel-Handy, Center for Safety &

Empowerment

October 7: Title: Overview of Pediatric Services

Presented By: Sandy Crawford, Capper Foundation

November 4: Title: Brain - Body Response to Trauma

Presented By: Emily Steimel-Handy, Center for Safety &

Empowerment

December 2: Title: Saving Money at the Grocery Store During the Holiday Season

& How to Prevent Food Waste

Presented By: Lisa Martin, K-State Research & Extension

Zoom invitations will be sent out 2 weeks prior to each event. Please contact Jane Redger, Nancy Rohr or Tori Beam with any questions.

jane@east.ks.childcareaware.org / 785-440-4509 nancy@east.ks.childcareaware.org / 785-440-4510

tori@east.ks.childcareaware.org / 785-440-4514





WEEKEND FOOD SACKS

Each sack contains a 2 day supply of individual size, non-perishable food items.

(For children age 1-18 who live in Oakland or North Topeka. 1 sack per person in attendance.)

2021 SUMMER PICK UP LOCATIONS:

Wednesday Pickup between 10 - 10:30 am:

Seaman School District lunch giveaway @ Logan Elementary, June 9 and ending July 28.

Friday Pickup anytime between 9 am - 6 pm:

- Garfield Community Center, 1600 NE Quincy, June 11 July 30.
- Oukland Community Center, 801 NE Poplar, June 11 July 30.

Friday giveaway when students leave:

- Quincy Elementary Summer School, June 11 July 2.
- Logan Elementary Summer School, July 6-23.
- Northern Hills Elementary Summer School, July 6-23.
- Boys & Girls Club @ Logan Elementary, June 11 July 30.

Provided by Topeka North Outreach, Inc.



Website: www.topekanorthoutreach.org 785-286-1370 Email: topekanorthoutreach@gmail.com