Work for Success
Cultivating Hope, Redefining Lives

Are you interested in finding a job and keeping it?
Are you interested in becoming a better parent?
Are you interested in having better relationships?

If you answered “yes” to ANY of these questions, keep reading!
We offer an exciting opportunity for unemployed or underemployed families in need.

We also offer services to anyone who is unemployed, receiving DCF services and needs help.

Employment Skills Training

Dressing for success
Resume building
Mock Interviews
Completing job applications

Healthy Relationships

Communication enhancement
Stress management
Effective co-parenting
Conflict resolution
Emotional intelligence inventory

Community Resources

Help obtaining Kansas ID’s and driver’s licenses
Housing and employment referrals
Transportation assistance and bus passes
Referrals to community agencies
Housing assistance for sober living housing

Parenting Education

Child development
Parenting confidence
Parental rights and responsibilities
Peer support

The next 4-week training session starts
February 28th.
Call 785-246-5737 for more info

Kansas
Department for Children and Families
Strong Families Make a Strong Kansas

Mirror, Inc
For Immediate Release

Contact for further information: Gretchen Spiker, Director of Communications, gspiker@topeka.org

February 9, 2022

**Masks no longer required in City of Topeka buildings, with the exception of Municipal Court**

TOPEKA, Kan. – Beginning Thursday, February 10, masks will no longer required to be worn in City of Topeka buildings by employees or visitors, with the exception of Municipal Court. Municipal Court will continue to require masks until further notice.

The City encourages employees and visitors to practice social distancing and mask-wearing when possible.
For Immediate Release

Contact for further information: Gretchen Spiker, Director of Communications, gspiker@topeka.org

February 8, 2022

City of Topeka receives $750,000 grant from Federal Home Loan Bank to assist low-income homeowners

TOPEKA, Kan. -- The City of Topeka’s Property Maintenance Rehabilitation Program received a $750,000 grant from Federal Home Loan Bank of Topeka. Capitol Federal® Savings Bank is the sponsor for the grant, and will be assisting the City with the program.

The City’s Housing Services Division administers the Property Maintenance Rehabilitation Program, which assists low-income homeowners who need repairs to bring their homes up to code.

“We are very excited to be helping more low-income families in Topeka. Many of the people we serve are not only low-income, but elderly, and sometimes disabled. This grant will allow us to help over 50 families with property maintenance rehabilitation on their homes this year,” said Corrie Wright, Division Director of Housing Services.

The Property Maintenance Rehabilitation Program helps residents to maintain a safe environment in their home. Qualifying repairs include; collapsed or badly deteriorated sewer line, roof replacement, guttering, replacement of windows, weatherization, siding and other items as determined on a case by case basis the City’s Housing Services Division.

The rehabilitation is a grant to the homeowner with a maximum benefit of $20,000 and a minimum of assistance of $2,500. The homeowner does not have to pay the grant back.

Eligible households must have an active property maintenance code violation, and be on the deed of the property. Housing code violations must be for the home the person is residing in. Violations for detached garages, weeds, trees and trash removal are not eligible.

The City’s Housing Services Division determines eligibility for the Property Maintenance Rehabilitation Program. To request an application, call 785-368-3711.
Topeka Housing Authority invites you to join our
4th Annual Golf Fundraiser
Pine Ridge Family Health Center
Par-Tee for HEALTH
FRIDAY, APRIL 22ND, 2022
Lake Shawnee Golf Course
11:00AM REGISTRATION & LUNCH - 12:30PM TEE-OFF

$1,000 Tournament Sponsor
$700 Team Sponsor
$300 Hole Sponsor
$300 Contest Sponsor
Contact Aubrey Coufal to purchase your sponsorship!
acoufal@tha.gov 785-670-5855

All proceeds go to the benefit of the Pine Ridge Family Health Center. The Pine Ridge Family Health Center is a Nurse Practitioner led urgent and primary care center located in the Pine Ridge Community and is available to anyone in the Topeka community!
February's Topic of the Month:
Childhood Depression

It's normal for kids to feel sad, act grouchy or be in a bad mood at times. But when a sad or bad mood lasts for weeks or even longer, and when there are other changes in a child's behavior, it might be depression. Dana Thomas, LMLP, will offer information on signs and symptoms of depression. She will also offer advice on what parents can do to help.

- The first three Thursdays of each month, FSGC will post short videos about the Parenting Topic of the Month to our Facebook page (www.facebook.com/FSGCtopeka). The videos will offer practical parenting tips and advice.

- On Thursday, February 24, you'll have the chance to ask an FSGC professional your questions about the Topic of the Month in a live Q&A session via Zoom. We'll also answer pre-submitted questions at that time. Live Q&A sessions will run from 6:30:7:30 p.m. CST.

To get the Zoom link for the live Q&A and to submit your questions, go to FSGCtopeka.com/parenting and click “Register Here” under the Topic of the Month.

Spots for the Q&A session are limited – first-come, first-served.

Registrants will receive a link to the live Q&A via e-mail by 5 p.m. CST the day of the Q&A.

For more information, contact Jim Williamson at jwilliamson@fsgctopeka.com or 270.8907.

- Follow us on Facebook (facebook.com/FSGCtopeka).
- Register at FSGCtopeka.com/parenting.
FOR IMMEDIATE RELEASE:
January 25, 2021

MEDIA CONTACT:
Mary Tritsch, mtritsch@aarp.org, 785-338-3987

AARP Kansas Accepting 2022 Community Challenge Grant Applications

The annual program aims to make local communities in Kansas more livable

Topeka, KS—AARP Kansas invites local organizations and governments across the state to apply for the 2022 AARP Community Challenge grant program, now through March 22, 2022. Grants fund quick-action projects that help communities become more livable in the long-term by improving public spaces, transportation, housing, civic engagement, coronavirus recovery, diversity and inclusion, and more. Now in its sixth year, the grant program is part of AARP’s nationwide Livable Communities initiative, which supports the efforts of cities, towns, neighborhoods and rural areas to become great places to live.

“AARP Kansas is excited to kick-off the Community Challenge again in 2022 to continue helping communities across Kansas become great places for people of all backgrounds, abilities and ages, especially people 50-plus,” said AARP Kansas State Director Glenda DuBoise. “The program has proven that quick-action projects can lead to long-lasting improvements right where Kansans live.”

AARP will prioritize proposals that support residents age 50 and over, are inclusive, address disparities, directly engage volunteers and aim to achieve one or more of the following outcomes for all residents, especially people age 50 and older:

- **Support communities’ efforts to build engagement and leverage funding available under new federal programs** through laws like the American Rescue Plan Act, the Infrastructure Investment and Jobs Act, and more.
- **Create vibrant public places** that improve open spaces, parks and access to other amenities.
- **Deliver a range of transportation and mobility options** that increase connectivity, walkability, bikeability, wayfinding, access to transportation options and roadway improvements.
- **Support a range of housing options** that increases the availability of accessible and affordable choices.
- **Ensure a focus on diversity, equity and inclusion** while improving the built and social environment of a community.
- **Increase civic engagement** with innovative and tangible projects that bring residents and local leaders together to address challenges and facilitate a greater sense of inclusion.
• Other community improvements; including health services, community development, and coronavirus pandemic recovery.

Since 2017, AARP has awarded over 800 grants — including 12 in Kansas— through the Community Challenge to nonprofit organizations and government entities in all 50 states, the District of Columbia, Puerto Rico and the U.S. Virgin Islands. The program provides direct support to all community types, with nearly 40% of past projects benefitting rural communities, 20% going to suburban locations and 40% improving urban places. Granted projects have demonstrated an ability to help garner additional funds or support from public and private funders, encourage replication and overcome local policy barriers, and receive greater overall awareness and engagement.

The Community Challenge is open to 501(c)(3), 501(c)(4) and 501(c)(6) nonprofits and government entities. Other types of organizations are considered on a case-by-case basis. Grants can range from several hundred dollars for small, short-term activities to tens of thousands for larger projects.

The application deadline is 5:00 p.m. ET, March 22, 2022. All projects must be completed by November 30, 2022. To submit an application and view past grantees, visit www.AARP.org/CommunityChallenge.

AARP Kansas works in collaboration with communities across the state, bringing people together, and providing resources and expertise to help make Kansas’s counties, towns and cities great places to live for people of all ages. For example, Community Challenge grants in Kansas have provided internet hot spots for Wichita residents, created a walking trail in Coffeyville, made street crossings safer in Manhattan, created a welcoming community space for residents in Kansas City, KS, and developed a storyboard learning trail for unsung heroes in Fort Scott, just to name a few.

###

**About AARP**

AARP is the nation's largest nonprofit, nonpartisan organization dedicated to empowering people 50 and older to choose how they live as they age. With a nationwide presence and nearly 38 million members, AARP strengthens communities and advocates for what matters most to families: health, security, financial stability and personal fulfillment. AARP also produces the nation's largest circulation publications: AARP The Magazine and AARP Bulletin. To learn more, visit www.aarp.org, www.aarp.org/espanol or follow @AARP, @AARPeEnEspanol and @AARPadvocates, @AliadosAdelante on social media.
CSBG Program Manager

Topeka, KS

KHRC is looking for a Community Services Block Grant Program Manager (CSBG) for the Community Services Division.

This position will:

- Develop, manage and administer the Community Services Block Grant (CSBG) and related programs.
- Provide direction and leadership within the Kansas Community Services Block Grant Network as related to the "Results Oriented Management and Accountability (ROMA)" functions.
- Develop highly sophisticated training and technical assistance to assist income eligible citizens of Kansas to become economically self-sufficient.

Knowledge, Skills and Experience

A Bachelor's degree in a related field with five years experience in business, housing, social services, government, banking or public administration. A combination of education and experience may be accepted as determined relevant by KHRC.

What We Offer

Flexible Working Hours
Paid Time Off
Discretionary Day
Paid Holidays
Paid Maternity/Paternity Leave
Medical, Dental, Vision Insurance
Retirement Plan
Tuition Assistance
Paid Covered Parking

Resumes will be accepted until Friday, February 18, 2022

785-217-2001 | KSHOUSINGCORP.ORG | 611 S. KANSAS AVENUE, SUITE 300 | TOPEKA, KANSAS 66603
Home Maintenance 101

When: February 15, 2022 from 5:30pm-7pm
Where: Topeka Habitat, 121 NE Gordon St
Register: at tinyurl.com/repairsclass2022 or call 785-234-4322 or scan the QR code. Registration is required.

Si necesita la clase en español, llame al 785-234-4322 y pregunte por Wendy.

Learn About:
- Understanding Your Home and Knowing Your Systems
- Home Maintenance Schedules and Checklists
- Weatherization
- DIY Maintenance Tips and Tricks
- When to Hire a Contractor
- How to Plan and Budget for Home Maintenance
- Community Resources

Sponsored By: [Logo]
Presented By: [Logo]
Chili Cook Off
Saturday, February 26
1-4PM
Skinny’s Sports Bar and Grill
4016 SW Huntoon/Topeka, KS/ 785-273-1905

$10 Contest entry Fee
$5 All you can eat Chili

Prizes for 1st, 2nd, 3rd Place

We are also going to have several Raffle items available!

All proceeds will go to Positive Connections

To Enter Contest or ask additional questions

Contact Tami Zeferjahn
(785) 232-3100
tamib@pcneks.org
2022 MISTER ROGERS' NEIGHBORHOOD

SWEATER DRIVE

"All of us, at some time or other, need help. Whether we're giving or receiving a sweater, each one of us has something valuable to bring to this world. That's one of the things that connects us as neighbors — in our own way, everyone is a giver and a receiver." — Fred Rogers

During February 2022, KTWU local public television will be honoring the legacy of Fred Rogers by collecting new and gently used (clean) sweaters, coats, cold-weather gear and blankets, especially items for children and teens.

2022 Drop Zone Locations

OUTDOOR BINS
KTWU, 19th & Jewell, Washburn University Campus
Fire Station #11, 2000 NW Lower Silver Lake Rd.
Fire Station #7, 1215 SW Oakley Ave.
Fire Station #9, 2447 SE 29th St.
Fire Station #8, 2700 SW Fairlawn Rd.
Fire Station #12, 2101 SW Urish Rd.

INDOOR BINS
BONKERS - 5515 SW 21st St.

Thank you to our sponsors:

KTWU • PBS

For More Information, contact:
Laurie Buhler
785.670.3175
Laurie.Buhler@washburn.edu
Would you like to make Latino friends and maybe learn or practice Spanish?

VIDA Ministry Needs VOLUNTEERS

VIDA Ministry, 1320 SE 6th Ave. Topeka, KS.
(Salvation Army, Lawrence St. entrance)

Spring-Fall 2022

- Classes for adults: English or ESL, Citizenship, Computers, Spanish, and Nutrition. Possible online classes.
- Programs for children: Homwork center, arts and crafts, light sports, music and nursery.
- Days and times: In-person ESL classes are on Monday and Thursday evenings 6:30-8:00pm. The pandemic may limit our classes.
- Summer classes: June and July depending on the numbers.

Volunteers may teach, assist in class, be conversation partners, tutor in the homework center, help in the nursery or in the community garden.

Donations: VIDA Ministry: PO BOX 1001, Topeka, KS 66801-1001
Director of Programs: Consti Garay (785) 608-8143
Voice mail: (785) 260-0116 Email: learnalang@gmail.com
Web: https://vidaministrytopeka.wordpress.com/

Follow us on FB: https://www.facebook.com/www.vidaministry.org/
# February 2022

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<th>MONDAY</th>
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<td>9:15 Exercise</td>
<td>9:15 Dollar Tree</td>
<td>9:00 Bunko</td>
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<td>9:30 Pokeno</td>
<td>10:30 Play 31</td>
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<td>12:45 Pitch</td>
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<td>9:00 Bunko</td>
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<td>Party!</td>
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<td>Croix</td>
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<td>11:30 Color and</td>
<td>11:00 Cards 31</td>
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<td>word search</td>
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<td>9:15 Big Biscuit</td>
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<td>9:15 Ride around</td>
<td>9:00 Bunko</td>
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<td>Restaurant</td>
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<td>Shawnee Lake</td>
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**NOTES:**

Calendar subject to change without notice!

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Papan's Landing Senior Center
785-232-1968
619 NW Paramore
See us on Facebook
WE’RE HIRING!

Shawnee County EFNEP Nutrition Assistant

SCREENING BEGINS IMMEDIATELY and will continue until the position is filled

www.ksre.k-state.edu/jobs

The Expanded Food and Nutrition Education Program is a nutrition education program provided at no cost to Kansas families and caregivers of young children with limited resources. EFNEP uses education to support participants’ efforts toward self-sufficiency, nutritional health, and well-being. The U.S. Department of Agriculture (USDA) and National Institute of Food and Agriculture (NIFA) administers EFNEP through land-grant universities’ cooperative extension programs. For more information, visit the USDA’s EFNEP website.

https://nifa.usda.gov/program/expanded-food-and-nutrition-education-program-efnep

This position is benefits eligible: health insurance, life insurance, retirement plans, tuition assistance program, generous paid time off-vacation, sick and holidays. To learn more visit: www.k-state.edu/hcs/benefit.

Topeka Habitat for Humanity

AGING IN PLACE HOME REPAIR PROGRAM

We can assist with:

• Ramps
• Furnaces
• Hot Water Heaters
• Energy Efficiency
• Handrails & Grab Bars
• Bathroom Accessibility
• Plumbing
• And More!

Apply Today!

Do you need help with home repairs?
Do you own your home?
Are you over the age of 55?
Do you live in Shawnee County?
Topeka Habitat may be able to help!

Call 785-234-4322 or email families@topekahabitat.org
Topeka Habitat for Humanity

AGING IN PLACE
PROGRAMA DE REPARACIONES EN EL HOGAR

Podemos ayudar con:

- Rampas
- Hornos de calentamiento
- Calentadores de agua caliente
- Eficiencia energética
- Pasamanos y barras de apoyo
- Accesibilidad del baño
- Plomería
- ¡Y más!

¡Aplica hoy!

Necesita ayuda con las reparaciones del hogar?
Eres dueño de tu casa?
Tiene más de 55 años de edad?
Vives en el condado de Shawnee?
¡Topeka Habitat puede ayudar!
Llame al 785-234-4322 o envíe un correo electrónico a families@topekahabitat.org
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<td>Ceramics/Crafts 9:30am</td>
<td>Second Chance Foods 4826 SW Topeka Blvd</td>
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<td>WU Moves 10am Chick a Dees Lunch 11am Harvester’s Food Truck 1p.m.</td>
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<td>Air Soft Trip 9:30am Lunch</td>
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<td>YWCA Pool 9:30am</td>
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<td>WU Moves 11am</td>
<td>Commodities pick up Monday through Friday 8:30 -12 noon</td>
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EAST TOPEKA SENIOR CENTER “WHERE THE FUN NEVER GETS OLD”

432 SE Norwood Street
Topeka, KS 66607
Phone: 785-232-7765
Fax: 785-232-7783
excdir@easttopekaseniors.org
LULAC NOTICE:

It was decided we will continue with our 3 day a week schedule of services throughout the month of February. Our hours are Tuesday, Thursday, and Friday 8am-4pm.

We are hopeful by the 1st of March we can safely go back to our M-F 8-4 schedule. Staff are working on these days but the Center is closed.

-Kathy

Kathy Votaw  
Executive Director  
Topeka LULAC Senior Center  
1502 NE Seward Avenue  
Topeka, Kansas 66616  
785-234-5809
For Immediate Release

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Topeka City Council approves allocation of $45.6 million ARPA dollars

TOPEKA, Kan. – Topeka City Council took action during Saturday’s Special Meeting to allocate American Rescue Plan Act (ARPA) dollars for two funding priorities, Capital Improvement Projects (CIP) and Social Service Programs.

The Council voted to approve setting aside $35,676,831 to be allocated for CIP, and $10 million to be allocated for Social Service Programs.

The Council’s Policy and Finance Committee will meet on March 1 to work on the application and process for funding Social Service Programs. The Policy and Finance Committee members include Deputy Mayor Spencer Duncan, Councilwoman Hannah Naeger, and Councilwoman Christina Valdivia-Alcalá.

The City received $45,676,831 in ARPA funds. No ARPA funds have been spent to date.

Additionally, the City encourages organizations to apply for the State of Kansas’ Strengthening People and Revitalizing Kansas (SPARK) funds to maximize our community’s potential for ARPA funds. The application for SPARK is due on Wednesday, February 16. A link to the application can be found here: https://covid.ks.gov/spark-submission-form/.
Join Stormont Vail Health Doctors
On one of the following Saturdays from 9:00-10:00 AM:
February 19th, 2022
Dr. Thomas Doyle - Cardiology
Washburn University (East side of Lee Arena)

This doctor-led group is a fun and safe place to go for a walk, hear briefly about an important health topic, and enjoy a walk with a physician.

The event is FREE and all are welcome!
Ask your provider about upcoming walks!

Questions?
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We are a local chapter of an international 501(c)3. Learn more at walkwithadoc.org