

Work for Success

Cultivating Hope, Redefining Lives

Are you interested in finding a job and keeping it?
Are you interested in becoming a better parent?
Are you interested in having better relationships?

If you answered "yes" to ANY of these questions, keep reading!
We offer an exciting opportunity for unemployed or underemployed families in need.

We also offer services to anyone who is unemployed, receiving DCF services and needs help.



Employment Skills Training

Dressing for success
Resume building
Mock Interviews
Completing job applications



Healthy Relationships

Communication enhancement
Stress management
Effective co-parenting
Conflict resolution
Emotional intelligence inventory



Community Resources

Help obtaining Kansas ID's and driver's licenses
Housing and employment referrals
Transportation assistance and bus passes
Referrals to community agencies
Housing assistance for sober living housing



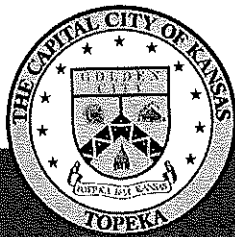
Parenting Education

Child development
Parenting confidence
Parental rights and responsibilities
Peer support



The next 4-week
training session
starts
February 28th.
Call 785-246-5737
for more info!





CITY OF TOPEKA

City Communications
City Hall, 215 SE 7th Street
Topeka, KS 66603

Tel: 785-368-0991
www.topeka.org

For Immediate Release

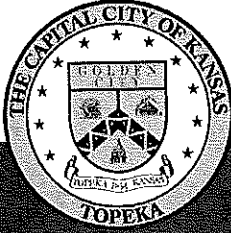
Contact for further information: Gretchen Spiker, Director of Communications, gspiker@topeka.org

February 9, 2022

Masks no longer required in City of Topeka buildings, with the exception of Municipal Court

TOPEKA, Kan. – Beginning Thursday, February 10, masks will no longer required to be worn in City of Topeka buildings by employees or visitors, with the exception of Municipal Court. Municipal Court will continue to require masks until further notice.

The City encourages employees and visitors to practice social distancing and mask-wearing when possible.



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February 8, 2022

City of Topeka receives \$750,000 grant from Federal Home Loan Bank to assist low-income homeowners

TOPEKA, Kan. – The City of Topeka’s Property Maintenance Rehabilitation Program received a \$750,000 grant from Federal Home Loan Bank of Topeka. Capitol Federal® Savings Bank is the sponsor for the grant, and will be assisting the City with the program.

The City’s Housing Services Division administers the Property Maintenance Rehabilitation Program, which assists low-income homeowners who need repairs to bring their homes up to code.

“We are very excited to be helping more low-income families in Topeka. Many of the people we serve are not only low-income, but elderly, and sometimes disabled. This grant will allow us to help over 50 families with property maintenance rehabilitation on their homes this year,” said Corrie Wright, Division Director of Housing Services.

The Property Maintenance Rehabilitation Program helps residents to maintain a safe environment in their home. Qualifying repairs include; collapsed or badly deteriorated sewer line, roof replacement, guttering, replacement of windows, weatherization, siding and other items as determined on a case by case basis the City’s Housing Services Division.

The rehabilitation is a grant to the homeowner with a maximum benefit of \$20,000 and a minimum of assistance of \$2,500. The homeowner does not have to pay the grant back.

Eligible households must have an active property maintenance code violation, and be on the deed of the property. Housing code violations must be for the home the person is residing in. Violations for detached garages, weeds, trees and trash removal are not eligible.

The City’s Housing Services Division determines eligibility for the Property Maintenance Rehabilitation Program. To request an application, call 785-368-3711.



Topeka Housing Authority

invites you to join our



Inc.

4th Annual Golf Fundraiser

Pine Ridge Family Health Center

Par-Tee for HEALTH

FRIDAY, APRIL 22ND, 2022

Lake Shawnee Golf Course

11:00AM REGISTRATION & LUNCH - 12:30PM TEE-OFF

\$1,000 Tournament Sponsor

\$700 Team Sponsor

\$300 Hole Sponsor

\$300 Contest Sponsor

Contact Aubrey Coufal to purchase your sponsorship!

acoufal@tha.gov 785-670-5855



All proceeds go to the benefit of the Pine Ridge Family Health Center. The Pine Ridge Family Health Center is a Nurse Practitioner led urgent and primary care center located in the Pine Ridge Community and is available to anyone in the Topeka community!



Real-World Parenting Series



February's Topic of the Month: Childhood Depression

It's normal for kids to feel sad, act grouchy or be in a bad mood at times. But when a sad or bad mood lasts for weeks or even longer, and when there are other changes in a child's behavior, it might be depression. Dana Thomas, LMLP, will offer information on signs and symptoms of depression. She will also offer advice on what what parents can do to help.

- The first three Thursdays of each month, FSGC will post short videos about the Parenting Topic of the Month to our Facebook page (www.facebook.com/FSGCtopeka). The videos will offer practical parenting tips and advice.
- On Thursday, February 24, you'll have the chance to ask an FSGC professional your questions about the Topic of the Month in a live Q&A session via Zoom. We'll also answer pre-submitted questions at that time. Live Q&A sessions will run from 6:30:7:30 p.m. CST.

To get the Zoom link for the live Q&A and to submit your questions, go to FSGCtopeka.com/parenting and click "Register Here" under the Topic of the Month.

Spots for the Q&A session are limited – first-come, first-served.

Registrants will receive a link to the live Q&A via e-mail by 5 p.m. CST the day of the Q&A.

For more information, contact Jim Williamson at jwilliamson@fsgctopeka.com or 270.8907.

- **Follow us on Facebook (facebook.com/FSGCtopeka).**
- **Register at FSGCtopeka.com/parenting.**



FAMILY SERVICE &
GUIDANCE CENTER
FSGCtopeka.com



Grants to make communities livable for people of all ages
aarp.org/CommunityChallenge

FOR IMMEDIATE RELEASE:

January 25, 2021

MEDIA CONTACT:

Mary Tritsch, mtritsch@aarp.org, 785-338-3987

AARP Kansas Accepting 2022 Community Challenge Grant Applications

The annual program aims to make local communities in Kansas more livable

Topeka, KS—AARP Kansas invites local organizations and governments across the state to apply for the 2022 AARP Community Challenge grant program, **now through March 22, 2022**. Grants fund quick-action projects that help communities become more livable in the long-term by improving public spaces, transportation, housing, civic engagement, coronavirus recovery, diversity and inclusion, and more. Now in its sixth year, the grant program is part of AARP's nationwide Livable Communities initiative, which supports the efforts of cities, towns, neighborhoods and rural areas to become great places to live.

“AARP Kansas is excited to kick-off the Community Challenge again in 2022 to continue helping communities across Kansas become great places for people of all backgrounds, abilities and ages, especially people 50-plus,” said AARP Kansas State Director Glenda DuBoise. “The program has proven that quick-action projects can lead to long-lasting improvements right where Kansans live.”

AARP will prioritize proposals that support residents age 50 and over, are inclusive, address disparities, directly engage volunteers and aim to achieve one or more of the following outcomes for all residents, especially people age 50 and older:

- **Support communities' efforts to build engagement and leverage funding available under new federal programs** through laws like the American Rescue Plan Act, the Infrastructure Investment and Jobs Act, and more.
- **Create vibrant public places** that improve open spaces, parks and access to other amenities.
- **Deliver a range of transportation and mobility options** that increase connectivity, walkability, bikeability, wayfinding, access to transportation options and roadway improvements.
- **Support a range of housing options** that increases the availability of accessible and affordable choices.
- **Ensure a focus on diversity, equity and inclusion** while improving the built and social environment of a community.
- **Increase civic engagement** with innovative and tangible projects that bring residents and local leaders together to address challenges and facilitate a greater sense of inclusion.

- **Other community improvements;** including health services, community development, and coronavirus pandemic recovery.

Since 2017, AARP has awarded over 800 grants – including 12 in Kansas– through the Community Challenge to nonprofit organizations and government entities in all 50 states, the District of Columbia, Puerto Rico and the U.S. Virgin Islands. The program provides direct support to all community types, with nearly 40% of past projects benefitting rural communities, 20% going to suburban locations and 40% improving urban places. Granted projects have demonstrated an ability to help garner additional funds or support from public and private funders, encourage replication and overcome local policy barriers, and receive greater overall awareness and engagement.

The Community Challenge is open to 501(c)(3), 501(c)(4) and 501(c)(6) nonprofits and government entities. Other types of organizations are considered on a case-by-case basis. Grants can range from several hundred dollars for small, short-term activities to tens of thousands for larger projects.

The application deadline is 5:00 p.m. ET, March 22, 2022. All projects must be completed by November 30, 2022. To submit an application and view past grantees, visit www.AARP.org/CommunityChallenge.

AARP Kansas works in collaboration with communities across the state, bringing people together, and providing resources and expertise to help make Kansas's counties, towns and cities great places to live for people of all ages. For example, Community Challenge grants in Kansas have provided internet hot spots for Wichita residents, created a walking trail in Coffeyville, made street crossings safer in Manhattan, created a welcoming community space for residents in Kansas City, KS, and developed a storyboard learning trail for unsung heroes in Fort Scott, just to name a few.

###

About AARP

AARP is the nation's largest nonprofit, nonpartisan organization dedicated to empowering people 50 and older to choose how they live as they age. With a nationwide presence and nearly 38 million members, AARP strengthens communities and advocates for what matters most to families: health security, financial stability and personal fulfillment. AARP also produces the nation's largest circulation publications: AARP The Magazine and AARP Bulletin. To learn more, visit www.aarp.org, www.aarp.org/espanol or follow @AARP, @AARPenEspañol and @AARPadvocates, @AliadosAdelante on social media.



CSBG Program Manager

Topeka, KS

KHRC is looking for a Community Services Block Grant Program Manager (CSBG) for the Community Services Division.

This position will:

- Develop, manage and administer the Community Services Block Grant (CSBG) and related programs.
- Provide direction and leadership within the Kansas Community Services Block Grant Network as related to the "Results Oriented Management and Accountability (ROMA) functions.
- Develop highly sophisticated training and technical assistance to assist income eligible citizens of Kansas to become economically self-sufficient.

Knowledge, Skills and Experience

A Bachelor's degree in a related field with five years experience in business, housing, social services, government, banking or public administration. A combination of education and experience may be accepted as determined relevant by KHRC.

What We Offer

Flexible Working Hours
Paid Time Off
Discretionary Day
Paid Holidays
Paid Maternity/ Paternity Leave
Medical, Dental, Vision Insurance
Retirement Plan
Tuition Assistance
Paid Covered Parking

Resumes will be accepted until Friday, February 18, 2022

Kansas Housing Resources Corporation

We help Kansans access the safe, affordable housing they need and the dignity they deserve.

KHRC is an Equal Opportunity Employer

TO APPLY, SEND COVER LETTER AND RESUME TO:

Deanna Johnson

Director of Human Resources
611 S Kansas Avenue, Suite 300
Topeka, KS 66603

PHONE:

785-217-2009

WEBSITE:

kshousingcorp.org

EMAIL:

djohnson@kshousingcorp.org

Starting pay for this position is \$26.44 per hour + based upon experience

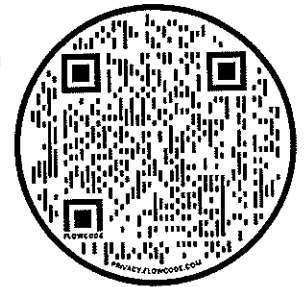
KHRC has implemented procedures to minimize the risk of exposure to COVID by practicing social distancing, reduced customer capacity, face mask policy and enhanced cleaning procedures. All interviews are fully remote.

Home Maintenance 101

When: February 15, 2022 from 5:30pm-7pm

Where: Topeka Habitat, 121 NE Gordon St

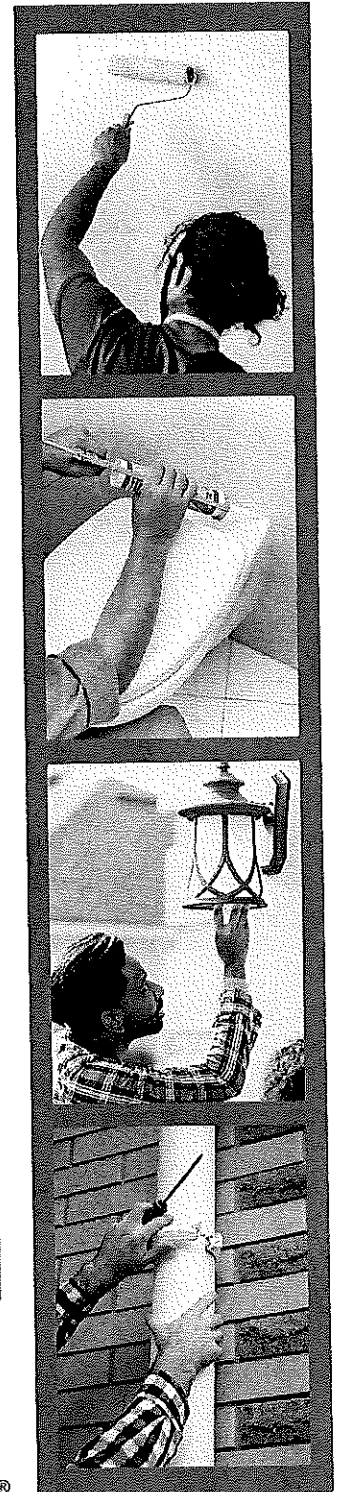
Register: at tinyurl.com/repairsclass2022
or call 785-234-4322
or scan the QR code.
Registration is required.



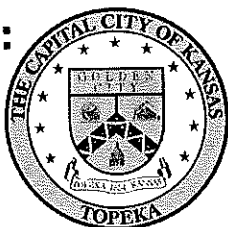
Si necesita la clase en español, llame al 785-234-4322 y pregunte por Wendy.

Learn About:

- Understanding Your Home and Knowing Your Systems
- Home Maintenance Schedules and Checklists
- Weatherization
- DIY Maintenance Tips and Tricks
- When to Hire a Contractor
- How to Plan and Budget for Home Maintenance
- Community Resources



Sponsored By:



Presented By:



Topeka
Habitat
for Humanity®



Chili Cook Off

Saturday, February 26

1-4PM

Skinny's Sports Bar and Grill

4016 SW Huntoon/Topeka, KS/ 785-273-1905

\$10 Contest entry Fee

\$5 All you can eat Chili

Prizes for 1st, 2nd, 3rd Place

We are also going to have several Raffle items available!

All proceeds will go to Positive Connections

To Enter Contest or ask additional questions

Contact Tami Zeferjahn

(785) 232-3100

tamib@pcneks.org

2022

MISTER
ROGERS'
NEIGHBORHOOD®

SWEATER DRIVE



"All of us, at some time or other, need giving or receiving a sweater, each one of us bring to this world. That's one of the things that connects us as neighbors — in our own way, everyone is a giver and a receiver." — Fred Rogers

help. Whether we're has something valuable to

During February 2022, KTWU local public television will be honoring the legacy of Fred Rogers by collecting new and gently used (clean) sweaters, coats, cold-weather gear and blankets, especially items for children and teens.

2022 Drop Zone Locations

OUTDOOR BINS

KTWU, 19th & Jewell, Washburn University Campus
Fire Station #11, 2000 NW Lower Silver Lake Rd.
Fire Station #7, 1215 SW Oakley Ave.
Fire Station #9, 2447 SE 29th St.
Fire Station #8, 2700 SW Fairlawn Rd.
Fire Station #12, 2101 SW Urish Rd.

INDOOR BINS

BONKERS - 5515 SW 21st St.



Thank you to our sponsors:



KTWU  PBS

For More Information, contact:
Laurie Buhler
785.670.3175
Laurie.Buhler@washburn.edu

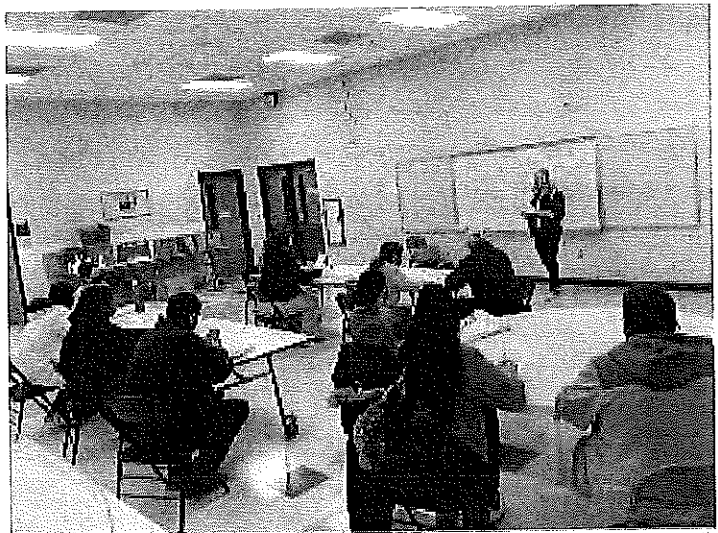
Would you like to make Latino friends and maybe learn or practice Spanish?

VIDA Ministry Needs VOLUNTEERS

VIDA Ministry, 1320 SE 6th Ave. Topeka, KS.
(Salvation Army, Lawrence St. entrance)

Spring-Fall 2022

- Classes for adults: English or ESL, Citizenship, Computers, Spanish, and Nutrition. Possible online classes.
- Programs for children: Homework center, arts and crafts, light sports, music and nursery.
- Days and times: In-person ESL classes are on Monday and Thursday evenings 6:30-8:00pm. The pandemic may limit our classes.
- Summer classes: June and July depending on the numbers.



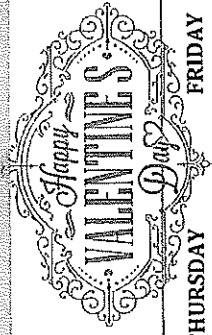
Volunteers may teach, assist in class, be conversation partners, tutor in the homework center, help in the nursery or in the community garden.


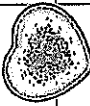
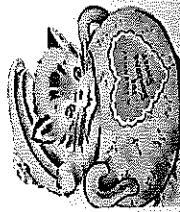



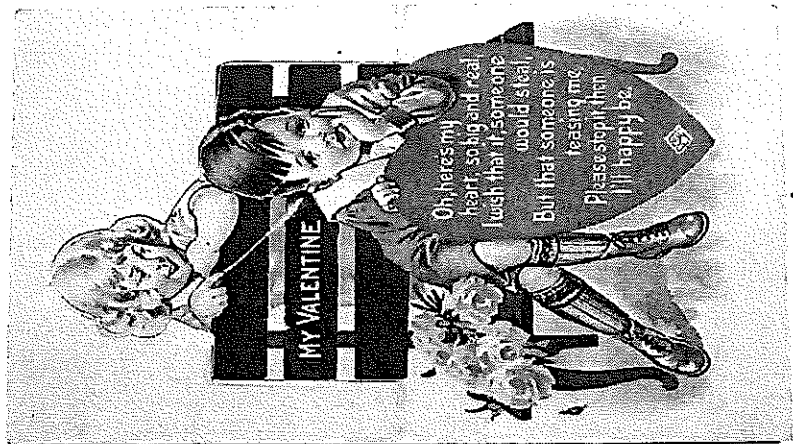
Donations: VIDA Ministry: PO BOX 1001, Topeka, KS 66601-1001
Director of Programs: Consti Garay (785) 608-8143
Voice mail: (785) 260-0116 Email: learnalang@gmail.com
Web: <https://vidaministrytopeka.wordpress.com/>

Follow us on FB: <https://www.facebook.com/www.vidaministry.org/>

FEBRUARY 2022



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 7 9:15 Biscuits with gravy 10:00 Crafts with Chyrs	1 9:15 Exercise 9:30 Pokeno 8 9:15 Pokeno	2 9:15 Dollar Tree 10:30 Play 31 12:45 Pitch 9 9:30 Bean bag toss 11:00 Pizza 12:45 Pitch	3 9:00 Bunko 10:00 Library 11:15 word search 10 9:15 Atria Bingo 11:00 Bunko	4 9:30 Bingo 11 9:30 Bingo W/Amber from Thonton place Super Bowl snacks 12 13
14 Valentines day Party! 21 9:15 Big Biscuit Restaurant	15 9:15 Pokeno 11:30 Color and word search 22 9:15 Pokeno 	16 10:00 Tim with St. Croix 11:00 Cards 31 12:45 Pitch 23 9:15 Ride around Shawnee Lake 12:45 Pitch	17 9:00 Bunko 10:00 Library 11:00 Movie & Popcorn 24 9:00 Bunko 10:30 Movie & Popcorn 	18 9:15 Bingo 10:00 Harvestors 25 9:00 Nickel Bingo and brunch
28 9:45 Trip to 5 Below JOIN US FOR COFFEE AND EXERCISES EVERY MORNING @ 8:45!!	NOTES: Calendar subject to change without notice! 			



Papan's Landing Senior Center
 785-232-1968
 619 NW Paramore
 See us on facebook



**WE'RE
HIRING!**

**Shawnee County
EFNEP Nutrition Assistant**

**SCREENING BEGINS IMMEDIATELY
and will continue until the positions are filled**

K-STATE | Shawnee County
Research and Extension

Kansas State University is an equal opportunity employer.

www.ksre.k-state.edu/jobs

The Expanded Food and Nutrition Education Program is a nutrition education program provided at no cost to Kansas families and caregivers of young children with limited resources. EFNEP uses education to support participants' efforts toward self-sufficiency, nutritional health, and well-being. The U.S. Department of Agriculture (USDA) and National Institute of Food and Agriculture (NIFA) administers EFNEP through land-grant universities' cooperative extension programs. For more information, visit the USDA's EFNEP website.

<https://nifa.usda.gov/program/expanded-food-and-nutrition-education-program-efnep>

This position is benefits eligible: health insurance, life insurance, retirement plans, tuition assistance program, generous paid time off-vacation, sick and holidays. To learn more visit: www.k-state.edu/hcs/benefit.

To apply: <https://careers.pageuppeople.com/742/cw/en-us/job/512128/efnep-nutrition-assistant-shawnee-county>



Topeka
Habitat
for Humanity®

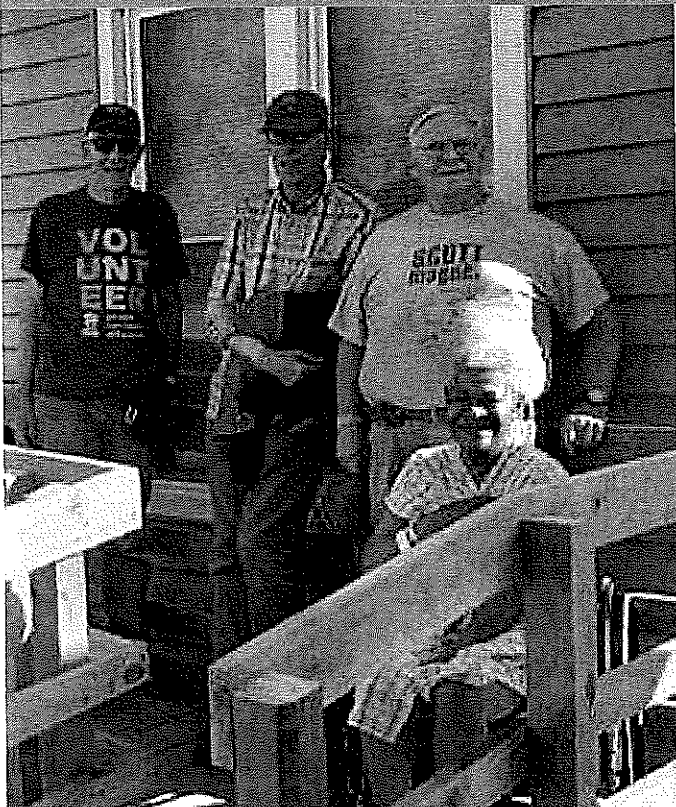
AGING IN PLACE HOME REPAIR PROGRAM



We can assist with:

- Ramps
- Furnaces
- Hot Water Heaters
- Energy Efficiency
- Handrails & Grab Bars
- Bathroom Accessibility
- Plumbing
- And More!

Apply Today!



Do you need help with home repairs?

Do you own your home?

Are you over the age of 55?

Do you live in Shawnee County?

Topeka Habitat may be able to help!

Call 785-234-4322 or email families@topekahabitat.org



Topeka
Habitat
for Humanity®

AGING IN PLACE PROGRAMA DE REPARACIONES EN EL HOGAR



Podemos ayudar con:

- Rampas
- Hornos de calentamiento
- Calentadores de agua caliente
- Eficiencia energética
- Pasamanos y barras de apoyo
- Accesibilidad del baño
- Plomería
- ¡Y más!

¡Aplica hoy!



Necesita ayuda con las reparaciones del hogar?

Eres dueño de tu casa?

Tiene más de 55 años de edad?

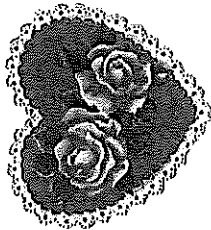
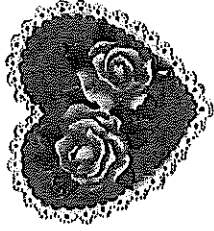
Vives en el condado de Shawnee?

¡Topeka Habitat puede ayudar!

Llame al 785-234-4322 o envíe un correo electrónico a families@topekahabitat.org

FEBRUARY 2022

SERVING SINCE 1980

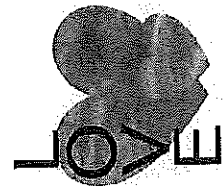


Sun	Mon	Tue	Wed	Thu	Fri	Sat	
		1 Ceramics/Crafts 9:30am	2 Second Chance Foods 4826 SW Topeka Blvd B I N G O	3 YWCA Pool 9:30am Basic Needs Shopping	4 WU Moves 10am Chick a Dees Lunch 11am Harvester's Food Truck 1p.m.	5	
6	7 WU Moves 11am TSCPL Red Carpet 11am	8 Ceramics/Crafts 9:30am	9 St Croix Hospice 10am B I N G O	10 Air Soft Trip 9:30am Lunch	11 WU Moves 10am Basic Needs Shopping	12	
13	14 WU Moves 11am Love Potluck Lunch	15 Ceramics/Crafts 9:30am	16 KSTATE Nutrition 10am B I N G O	17 YWCA Pool 9:30am	18 WU Moves 10am Basic Needs Shopping	19	
20	21 WU Moves 11am	22 Ceramics/Crafts 9:30am	23 Sit and Be Fit 10am B I N G O	24 Cardio Drumming 10am	25 WU Moves 10am Basic Needs Shopping	26	
27	28 WU Moves 11am	Commodities pick up Monday through Friday 8:30 - 12 noon					

EAST TOPEKA SENIOR CENTER "WHERE THE FUN NEVER GETS OLD"

432 SE Norwood Street
Topeka, KS 66607

Phone: 785-232-7765
Fax: 785-232-7785
execdir@easttopekaseniors.org



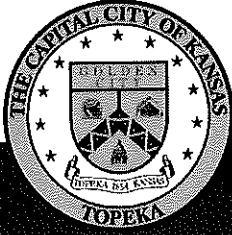
LULAC NOTICE:

It was decided we will continue with our 3 day a week schedule of services throughout the month of February. Our hours are Tuesday, Thursday, and Friday 8am-4pm.

We are hopeful by the 1st of March we can safely go back to our M-F 8-4 schedule. Staff are working on these days but the Center is closed.

-Kathy

*Kathy Votaw
Executive Director
Topeka LULAC Senior Center
1502 NE Seward Avenue
Topeka, Kansas 66616
785-234-5809*



CITY OF TOPEKA

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Tel: 785-368-0991
www.topeka.org

For Immediate Release

Contact for further information: Gretchen Spiker, Director of Communications, gspiker@topeka.org

February 12, 2022

Topeka City Council approves allocation of \$45.6 million ARPA dollars

TOPEKA, Kan. – Topeka City Council took action during Saturday's Special Meeting to allocate American Rescue Plan Act (ARPA) dollars for two funding priorities, Capital Improvement Projects (CIP) and Social Service Programs.

The Council voted to approve setting aside \$35,676,831 to be allocated for CIP, and \$10 million to be allocated for Social Service Programs.

The Council's Policy and Finance Committee will meet on March 1 to work on the application and process for funding Social Service Programs. The Policy and Finance Committee members include Deputy Mayor Spencer Duncan, Councilwoman Hannah Naeger, and Councilwoman Christina Valdivia-Alcalá.

The City received \$45,676,831 in ARPA funds. No ARPA funds have been spent to date.

Additionally, the City encourages organizations to apply for the State of Kansas' Strengthening People and Revitalizing Kansas (SPARK) funds to maximize our community's potential for ARPA funds. The application for SPARK is due on Wednesday, February 16. A link to the application can be found here: <https://covid.ks.gov/spark-submission-form/>.

walk[®] WITH a DOC

Join Stormont Vail Health Doctors

On one of the following Saturdays from 9:00- 10:00 AM:

February 19th, 2022

Dr. Thomas Doyle- Cardiology

Washburn University (East side of Lee Arena)

This doctor-led group is a fun and safe place to go for a walk, hear briefly about an important health topic, and enjoy a walk with a physician.

The event is **FREE** and all are welcome!

Ask your provider about upcoming walks!



 **Stormont Vail
Health**

 **BlueCross[®]
BlueShield[®]**

**KHA**
Kansas Hospital
ASSOCIATION

Questions?

khedquis@stormontvail.org

(785) 270-0139

We are a local chapter of an international 501(c)3. Learn more at walkwithadoc.org